

# DISTRICT 3 NEWS

PARKER \* SOMERVELL \* TARRANT

PUBLISHED BY DISTRICT 3 TEXAS NURSES ASSOCIATION \* P.O. BOX 16958  
Fort Worth, TX 76162 \* 817-249-5071 \* [tna3@usapathway.com](mailto:tna3@usapathway.com)  
District Website: <http://www.tna3.org> \* State Website: <http://www.texasnurses.org>



## January / February 2012

### District Three Board Members 2011-2012

President  
*Dennis Cheek*  
[tna3@usapathway.com](mailto:tna3@usapathway.com)

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Vice President  
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*Mary Robinson*  
*Julie Withaegar*  
*Diane Wright*

Executive Secretary  
*Renee James*  
Office: 817-249-5071  
[tna3@usapathway.com](mailto:tna3@usapathway.com)

### *Mission Statement*

Promote excellence in nursing by delivering pertinent tools for nurses to achieve

- ✓ Quality Patient Care
- ✓ Full Professional Potential
- ✓ Career Satisfaction

### *Vision Statement*

Satisfied nurses caring for satisfied patients

### *President's Message*



Happy New Year to each of you! I hope that the during this holiday season you were able to get some much needed rest and lots of quality time with the family not to mention all the goodies.

As we begin the New Year, and you begin to fill in your calendar, I would like to remind you of some of the upcoming events and deadlines that you need to add to your planner:

- Please join me on **Thursday, February 16, 2012** at 6:00 pm at Texas Health Harris Methodist Hospital Fort Worth (Education Center Auditorium) for our next Membership Meeting and CE offering. Networking begins at 6:00 pm and refreshments will be provided. Our topic will be *Nurses and Social Networking*. This meeting will be transmitted via satellite to various hospitals around the metroplex including Texas Health Harris Methodist Hospital Cleburne and Texas Health Harris Methodist Hospital Hurst-Eules-Bedford.
- On Wednesday, **April 11, 2012** we will celebrate the *Great 100 Nurse Celebration* at the Morton Meyerson Symphony Center, Dallas.
- On Saturday, **April 21, 2012** beginning at 9 AM at Texas Health Harris Methodist Hospital Fort Worth (Education Center Auditorium) for our Workshop and CE offering. Our topic will be *Patient Centered Outcomes*. This meeting will be transmitted via satellite to various hospitals around the metroplex including Texas Health Harris Methodist Hospital Cleburne, and Texas Health Harris Methodist Hospital Hurst-Eules-Bedford.
- The Texas Nurses Association House of Delegates will be held on **April 28, 2012** in Austin, Texas.
- The Texas Nurses Association District 3 Annual Dinner is scheduled for **May 17, 2012** at Texas Christian University-Kelly Alumni Center, Fort Worth, Texas.

As you can see, we have all sorts of educational, stimulating, and entertaining events coming up this spring! I sincerely hope you will take advantage of these opportunities to network and spend more time with your colleagues in nursing in the metroplex. The TNA 3 District Board of Directors has been busy planning for the New Year and invites you to not only attend, but bring a colleague to the events.

TNA-3 is OUR organization representing you in Texas, so please feel free to contact myself or any other members of the board with your ideas, innovations or general comments. I am looking forward is seeing many of you at the upcoming events. As always, please check our website for additional information or updates at [www.tna3.org](http://www.tna3.org).

Dennis Cheek  
TNA-3 President

# THANK YOU, SPONSORS

Texas Nurses Association, District Three is very grateful to each of the organizations who sponsor our district meetings. We would like to extend our gratitude to each of the organizations that will be hosting our meetings ....

**Texas Health Harris Methodist Fort Worth**  
**Texas Health Harris Methodist Hospital Hurst-Euless-Bedford**  
**Texas Health Harris Methodist Hospital Cleburne**

We would also like to extend our appreciation to  
**Texas Health Harris Methodist Fort Worth**  
for providing our Continuing Education Credits.

*...from the*

## **Scholarship Committee**

Fellow TNA-District 3 Members

TNA- District 3 recognizes the need to support all levels of professional nursing students. It is our belief that a scholarship can make a positive impact in the life of a student nurse, whether they are an ADN, BSN, or a graduate student. This year, District 3 will be offering two scholarships for nursing students who are currently enrolled in a program for registered nurses within one of the counties that TNA District 3 represents. The scholarships available are the Academic Scholarship for \$500 and the Monika Dewar Memorial Scholarship for \$500. Scholarship Applications are now available on the district website ([www.tna3.org](http://www.tna3.org)), or by contacting the District 3 office by phone or via email. The deadline for mailing a completed application is April 4, 2012.

Again this year the No Gala-Gala Event will be the ONLY fundraising event in which 100% of the proceeds will go to support the scholarship fund. You can contribute to the No Gala-Gala online or by mailing your donation to the district 3 office. If you would like to make additional contributions to support either the Academic Scholarship or the Monika Dewar Memorial Scholarship you may designate your funds. The Monika Dewar Memorial Scholarship was established in 2007 to honor the memory of an extraordinary nurse and TNA-3 member who devoted her life to nursing, nurse education and advocacy. In this time of economic stress any support that can be provided to nursing students is a welcomed relief. Thank you for your continuing support of TNA District 3 and the scholarship funds.

Denise Cauble  
Diane Wright  
Scholarship Committee  
Co-Chairs

## **District Three Welcomes our New Members**

**Pamela Elliott**  
**Sheri Hammond**  
**Linda Humphries**  
**Rita Marshall**  
**Stephanie Nguyen**  
**Janet Ponce**  
**Sheila Rutkowski**



**We're glad you're here.**  
**We look forward to visiting with you  
at meetings and events.**



Texas Health Harris Methodist Hospital Fort Worth Education Center &  
**Texas Nurses Association, District 3**  
present

# Legal Aspects of Social Networking

Presented by

**Nancy Roper Willson, RN, JD, MSN, MA**

1.0 Contact Hour

*In this booming technological age, the boundaries of professionalism can become blurred as we engage in blogging, Facebook posting, and Twittering. Most people own a phone with a camera; videos appear on YouTube at an alarming speed. As professional nurses, we must be aware of our individual responsibilities as well as our responsibilities to the Board of Nursing and our workplaces. This CE offering will discuss the responsibility of the nurse pertinent to the Nurse Practice Act in regards to social networking, professional boundaries, legalities, and ethics. Please join us to learn more about the growing concern for professionalism and privacy in the cyber world.*

## **Bring a nurse friend or colleague.**

ALL nurses & nursing students are welcome! Membership not required.

**Thursday, February 16, 2012**

**6:00 PM—Sign In & Networking**

**6:30 PM—Meeting begins**

**Texas Health  
Harris Methodist Fort Worth  
Education Center Auditorium**

1301 Pennsylvania Ave  
Fort Worth, TX 76104

TNA Members...No Fee for CE's  
Non-members...\$10.00 for CE's

The Education Center Auditorium is located on the Plaza level below the Visitor Parking Garage off of 5<sup>th</sup> & Cooper, on the east side of the Harris Campus. Enter the garage elevator and go straight down to the "P" level. **Parking will be validated.** Please contact the TNA, District 3 office at [tna3@usapathway.com](mailto:tna3@usapathway.com) or 817-249-5071 for additional information or directions. A map is posted on the district 3 website.

**This event will also be available via Video-Conference**

Texas Health Harris Methodist Cleburne

Texas Health Harris Methodist Hurst Euless Bedford

Texas Health Harris Methodist Hospital Fort Worth Education Center is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation

# Nursing History

## Answer to November/ December Trivia Question

### *In what year was the State Nurses' Registration Act passed in Texas?*

#### Answer:

The State Nurses' Registration Act was passed in **1909**, providing a legal structure for regulating practice and education in Texas.

The first to answer this question correctly was Vicki Patrick; second was Sharon Ransom. Thanks for participating!

The State Nurses' Registration Act was passed by the Texas Legislature in 1909 at a time when nurses were working to make nursing a viable profession that was built on standards for practice and education. Passage of the Act followed its adoption by the Texas Graduate Nurses' Association (TGNA) at its second meeting in 1908. It was important that the public be protected from poorly-prepared nurses, and registration required that nurses conform to set standards. Texas nurses joined the effort of nurses in other states, working for the passage of a nurse practice act that would regulate nursing practice and education.

Miss Mildred Bridges from Fort Worth, along with Miss M.M. McKnight of San Antonio, presented the Bill to TGNA for its consideration. It had been prepared by Judge Bell of Fort Worth.<sup>1</sup> While little

more is known about the specific activity of nurses in the Fort Worth area, it is likely that others were involved in the effort to pass the legislation since TGNA's organizational meeting was held in Fort Worth in 1907. Of the 19 charter members of the Association, five - Miss Bridges, Mrs. H. Paris, Miss Howard, Miss Murphy, and Mrs. Arnold – are known to be from Fort Worth.<sup>2</sup> An impetus for TGNA's organization was passage of legislation that would provide for the registration of nurses in Texas.<sup>3</sup>

The Board of Nurse Examiners (Texas Board of Nursing) was formed as part of the State Nurses' Registration Act. When the Board celebrated its 100-year anniversary in 2009, it noted that the first Registered Nurse licensed in Texas was from Fort Worth. She was Emma Lucinda Allison, a graduate of Fort Worth Medical College.<sup>4</sup> (For more information about the Fort Worth Medical College, see

[http://www.waymarking.com/waymarks/WM5V45\\_Fort\\_Worth\\_Medical\\_College\\_Fort\\_Worth\\_Texas](http://www.waymarking.com/waymarks/WM5V45_Fort_Worth_Medical_College_Fort_Worth_Texas)).

1. Beaty, Jennie Cottle. *Chapter 1. The History of the Graduate Nurses' Association of Texas, 1907-1931* (pamphlet), 8.
2. Beaty, Jennie Cottle, 8.
3. Crowder, Eleanor McElheny. *Nursing in Texas: A Pictorial History*. Waco, TX: Texian Press, 1980.
4. History of the Board. "The First Nurses in Texas: Emma Allison – The First Registered Nurse Licensed in Texas." *Texas Board of Nursing Bulletin* 40.2 (2009).

## Trivia Question

Be the first to answer the Trivia Question below:

### *In what year was District 3 recognized as a District within the Texas Graduate Nurses' Association?*

Please send your answer to Gail Davis (gdavis711@gmail.com).

The first person to answer correctly will be recognized as the winner in the next Newsletter.

# Official Call for Nominations

*TNA-3 is seeking nominations for:*

**President Elect  
Secretary**

**Director (3 positions)  
Nominating Committee (5 Positions)**

If you would like to have the opportunity to meet other nurses within our district, stay up to date on nursing issues and be involved in a forum to advance nursing practice, please consider serving on the TNA, District 3 Board of Directors or on the Nominating Committee. Each position requires membership in TNA, District 3 as a Tri-Level member and a two year commitment, with the exception of President Elect which is a four year commitment. President Elect serves one year as President Elect, two years as President, and one year as Past President/Director. The board usually meets one Saturday morning per month *with the exception of* December and two summer months. If you are interested in serving or would like to make a nomination, please contact Mary Alice Stam or the District 3 office. Nomination forms can also be found on the website [www.tna3.org](http://www.tna3.org) at the bottom of the page under "What's New". All forms must be submitted to the District 3 office prior to **February 20, 2012**. The slate of nominees will be presented at the February 16th district meeting. Further description of the duties for each office can be found in our bylaws, which can be downloaded from the TNA, District 3 website.

Mary Alice Stam  
Nominating Committee Chair  
[tna3@usapathway.com](mailto:tna3@usapathway.com)  
Ph:817/249-5071

## Texas R.N. Pins & TNA-3 Lanyards Available

Order Texas Registered Nurse Pins & TNA-3 Lanyards  
online at <http://tna3.org>.



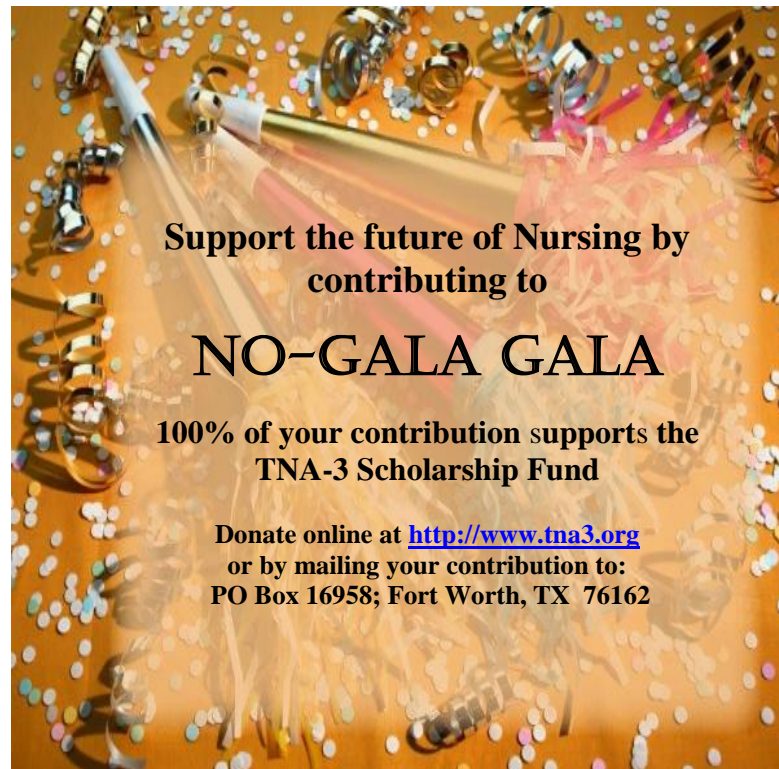
**Description:** RN & outside edge raised & polished with sandblasted background.

**Cost:** \$8.00 each



**Description:** Navy Blue Lanyard with white TNA-3 Logo.

**Cost:** \$2.00 each



Support the future of Nursing by  
contributing to

## NO-GALA GALA

100% of your contribution supports the  
TNA-3 Scholarship Fund

Donate online at <http://www.tna3.org>  
or by mailing your contribution to:  
PO Box 16958; Fort Worth, TX 76162

## Newsletter Postings & Advertisements

Do you know an outstanding nurse, who is a member of TNA, District Three? Do you have pertinent nursing information that needs to be shared with the district? Do you know of upcoming nursing events & CE opportunities that would interest the membership of District Three? Any member wishing to submit information or advertisements to be published in the *District 3 News* should contact Renee James at 817-249-5071 or by e-mail at [tna3@usapathway.com](mailto:tna3@usapathway.com) by the 15<sup>th</sup> day of the month prior to publication.

Don't forget to check the website, for the latest TNA-3 information.

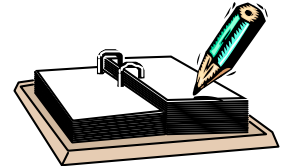
[www.tna3.org](http://www.tna3.org)



- ✓ Calendar of Events
- ✓ Membership Meeting Flyers
- ✓ Order Texas RN Pins & Lanyards online
- ✓ TNA Membership Application
- ✓ Make No Gala Contributions online
- ✓ Photo Gallery
- ✓ Download Scholarship Application
- ✓ Download Nomination Forms



## 2012 TNA-3 Calendar of Events



**January 10, 2012—Deadline for Submitting  
2012 Great 100 Nurse Nominations**

**February 16, 2012-- \*Membership Meeting**  
Topic: **Legal Aspects of Social Networking**  
Presented by: **Nancy Roper Willson, RN, JD, MSN, MA**

6:00PM—Sign-in  
6:30-8:00PM—Meeting  
Texas Health Harris Methodist Fort Worth  
Education Center Auditorium

TNA Members.....No Fee for CE's  
Non-members.....\$10.00 for CE's

**April 4, 2012—Deadline for Submitting  
TNA-3 Scholarship Applications**

**April 11, 2012—2012 Great 100 Nurse Celebration**  
**Meyerson Symphony Center**  
**Dallas, TX**

**April 21, 2012-- Workshop**

Topic: TBA  
8:30—Sign-in  
9:00AM--12:00PM—CE  
Texas Health Harris Methodist Fort Worth  
Education Center Auditorium

TNA Members.....No Fee for CE's  
Non-members.....\$10.00 for CE's

**April 28, 2012--House of Delegates**  
Austin, TX

**May 17, 2012--Annual Dinner**  
6:00 PM  
TCU Kelly Alumni Center  
2820 Stadium Drive  
Fort Worth, TX 76129

**\*Meeting broadcast to additional meeting locations including:**  
Texas Health Harris Methodist Cleburne & Texas Health Harris  
Methodist Hurst-Euless-Bedford. Check flyer for additional  
locations.

### Texas Peer Assistance Program for Nurses

TPAPN volunteers act as an advocate providing peer support for their nurse colleagues. If you would like to volunteer or refer someone call 1/800-288-5528 (24-hour helpline) or 1/512-467-7027, fax 512/467-2620, or email [www.tpapn.org](http://www.tpapn.org). Additional information and forms can be downloaded at the following website:  
<http://www.texasnurses.org/tpapn/index.htm>.



### Newsletter Delivery Notice

**Reduce, Reuse, Recycle..... District 3 is going Green.** In the interest of conservation, TNA District now delivering your **District 3 News** via email delivery or website download only. Thank you for making this endeavor a success!

**Disclaimer of Endorsement:** Reference herein to any specific company, organization, commercial products, process, or service by trade name, trademark, manufacturer, or otherwise, does not necessarily constitute or imply its endorsement, recommendation, or favoring by Texas Nurses Association, District Three. The views and opinions of authors / presenters expressed herein do not necessarily state or reflect those of the Texas Nurses Association, District Three, and shall not be used for advertising or product endorsement purposes. Texas Nurses Association, District Three, and its Board of Directors reserve the right to refuse any article submission or advertisement for any reason.