

DISTRICT 3 NEWS

PARKER * SOMERVELL * TARRANT

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November / December 2010

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tna3@usapathway.com

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Mission Statement

Promote excellence in nursing by delivering pertinent tools for nurses to achieve

- ✓ Quality Patient Care
- ✓ Full Professional Potential
- ✓ Career Satisfaction

Vision Statement

Satisfied nurses caring for satisfied patients

President's Message



Some of you may have noticed we are late getting the newsletter out this time. I take full responsibility. I was finding it difficult to come up with an inspiring message to share this Thanksgiving season.

Like so many others, I have found myself, recently a bit down about so many things; domestic violence, the jobless rate, community violence, the housing market, the stock market, the homeless, the underserved, and the list goes on into infinity.

I found inspiration recently by listening to a presentation at my employer's United Way campaign. We, as nurses are in the business of giving. Giving of our talents and skills; our time and compassion. My message to you this Thanksgiving Season is;

1. Find the charity of your choice-it may be an organization, a place of worship, a mission, an individual, our men and women serving in the military...
2. Determine what you can give-money, clothing, food, time, compassion, prayers...
3. Put your plan on your day-planner (we all use one; computerized, on the cell phone, on paper...)
4. Do it

Feel inspired...it's that easy!

Best wishes and safe travels through the holiday season.
Lygia Dunsworth, BSN, RN
President, TNA3

THANKFUL FOR OUR SPONSORS

Texas Nurses Association, District Three is very grateful to each of the organizations who sponsor our district meetings. We would like to extend our gratitude to each of the organizations that will be hosting our meetings

Texas Health Harris Methodist Fort Worth
Texas Health Harris Methodist Hospital Hurst-Euless-Bedford
Texas Health Harris Methodist Hospital Cleburne

We would also like to extend our appreciation to
Texas Health Harris Methodist Fort Worth
for providing our Continuing Education Credits.

And each of our
Continuing Education Program Sponsors

Gold Sponsor
Methodist Mansfield Medical Center

Silver Sponsors
Baylor All Saints Medical Centers
Huguley Memorial Medical Center

Bronze Sponsors
Cook Children's Medical Center
Texas Health Harris Methodist Southwest



NURSE AUTHORS NEEDED

Do you have a clinical or professional nursing topic that you would like to share with other nurses? Are you a senior undergraduate student or a graduate student who has a term paper or project that you believe is worthy of publication? Are you a RN striving for promotion or tenure in which being published is an item for consideration? Then.....here is an opportunity for you to share your knowledge and perspectives. TNA, District 3 will be providing one-hour continuing education programs on our website. This is a peer reviewed article. We invite you to submit a 3,500 word manuscript to the TNA, District 3 Continuing Education Committee for consideration for publication. Continuing Education Author guidelines are available on the TNA, District 3 website www.tna3.org. Please submit your CE articles for consideration to Renee James, Administrative Assistant at tna3@usapathway.com.

Meet the Board

Welcome three of our newly elected board members.



Shakyryn Napier, MSN, BSN, RN **Secretary**

*Cook Children's Medical Center
Nurse Manager Med-Surg
Current Residence: Arlington, Texas
Hometown: New Castle, PA*

My younger brother had severe asthma as a child and was frequently hospitalized. After seeing how amazing the nurses on the pediatric floor were with my brother, I knew there wasn't anything else I would rather do with my life. Nursing is a profession that can bring true fulfillment to your life. When I'm not working, my time is spent studying, as I am currently enrolled in a doctoral program.

As a professional organization, TNA empowers nurses to be involved in their communities and with government affairs. Being a member of TNA allows me to have my voice heard, and know that I can help make a difference for nurses and patients, not just in my own community, but throughout the state.



Denise Cauble, RN, BSN, PhD Candidate, CWOCN **Director**

*University of Texas at Arlington
Graduate Research Assistant in the Center for Nursing Scholarship and Technology,
College of Nursing
Current Residence: Arlington, Texas
Hometown: Arlington, Texas*

I became interested in nursing as a career while working as a unit secretary at Arlington Memorial Hospital 30 years ago. Nursing affords me the opportunity to provide service to others and make a difference in the health of patients, families, and communities. By obtaining an advanced nursing degree, I will be able to give back to nursing as a nursing educator for the satisfaction derived as a clinical nurse. Besides school and work, I am involved in several volunteer and scholarship organizations. Don't tell anyone, but I am also an avid Sci-Fi fan!

TNA affords nurses to be connected with one another and keep current on matters that affect the profession. Volunteering at the local level allows me the opportunity to know and advocate for nurses in the community.



Diane Wright, RN, BSN **Director**

*Baylor All Saints Medical Center at Fort Worth
Nurse Manager of Progressive Care
Current Residence: Azle, Texas
Hometown: Fort Worth*

I chose nursing because of the patient/people contact. I love the teaching that goes with patient care and watching the patients as they get better. My hobbies are working in my garden, going shopping with my friends, reading and watching old movies.

I joined TNA because I have an active interest in the future of nursing and the profession. Maintaining our professionalism in every way possible is important to our profession. The direction of nursing and our future is critical and I want to be involved in any way I possibly can.

10th Annual Nursing Leadership Conference

September 23-24, 2010

Have you ever thought about the future of nursing, the challenges, and the leadership”? That was on the minds of numerous nurses who attended the almost filled to capacity conference room at the Omni Hotel in Austin Texas for the 10th Annual Nursing Leadership Conference of Texas Nursing Association. Excitement was in the air as many old friends reminisced and new friends were made during the registration. The two day conference was set to bring to the table nursing regulations from state to nation, educational preparation for primary care, leading times in turmoil, effective staffing, and models of care. Our morning started out with a welcome from our TNA President, Susan Sportsman, PhD, RN.

State of the Profession

Clair Jordan, MSN, RN set the tone of the conference with the state of the profession over the past decade. She identified opportunities for nursing by indicating nursing is the fastest growing job market. She discussed challenges for nurses in Texas with the health care reform stating uninsured population is up to 27% and only 54% of Texans cover by insurance from their employer. Ms. Jordan explored impact of the economic downturn on nursing shortage by new nursing schools starting and new ways of clinical teaching through simulations. She discussed how nurses will need to meet the challenges that face the future of nursing and healthcare with Electronic Medical Records (EMR) and achieving a balance among technologies and human need. She states 1/5 of nursing practice time went to direct patient care while 7.2% of time was spent with patient assessment and vital signs. (personal communication, Sept 23, 2010). Her parting words were from the author Marshall Goldsmith’s book *MOJO, How to Get It, How to Keep It, How to Get It Back If You Lose It*, “Mojo is...the positive spirit toward what we are doing now that starts from the inside and radiates to the outside” (Goldsmith, 2009)

State of the Nation

State of the Nation topics was addressed by Jim Willmann, JD, Mary Beth Thomas PhD, RN, Elizabeth Sjober, JD, RN, and Rose Gonzalez, MPS, RN, . 2011 Session of the Nursing Legislative Agenda will bring to the table the APRN prescriptive Authority Bill, Violence Against Nurses in the Workplace, School Nurses, Shortage/Nursing Education, along with Patient Advocacy Protection Bill. Ms. Gonzales gave a presentation on the history of American Nurses Association (ANA) and one of her parting slides summed up the presentation by Margaret Mead “Nurses make a Difference....-Never doubt that a group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has.” (Mead)

From the Capitol to the Bedside

Implementing Staffing Legislation was presented by Cindy Zolnierek, MSN,RN, Joyce Batcheller, DNP, RN, FAAN, Jo Rake, MSN, RN, and Judith Krupala, MSN,RN, FNP-C, The topic included potential changes to the Nurse Staffing Advisory Committee and Nurse staffing plans in the SB 476. In a Panel discussion strategies were discussed to implement requirements of the Hospital Safe Staffing Act.

Educational Preparations of Primary Care Providers of the Future

Linda Cronenwett, PhD, RN, FAAN started off our second day with discussion of primary care education. She stated that in the 2010 there were 60,000-70,000 nurse practitioners in the workforce (Bazemore, 2010). She discusses by 2015 APRN licensures will focus on many aspects of the population including family, adult, neonatal, pediatrics, women’s health, and psychiatric/mental health. Ms. Cronenwett discussed there were numerous DNP programs out there and one needed to thoroughly research the program before entering.

Leading in the Times of Turmoil, Effective Nurse Staffing, and Models of Care

Karlene Kerfoot, PhD, RN, NEA-BS, FAA described the realities of health care leadership in the next five years and the adaptive leadership model. We have come to the times of being adaptive with the health care reform upon us. She states “Happy People are Successful People” (personal communication, Sept 24, 2010).

Linda Aiken, PhD discussed the importance and evidence supporting nurse staffing and quality patient outcomes. Her emphasizes was on nursing staffing and making sense of the evidence. She analyzed the need for policy realignment to support the evidence.

The last discussion panel included Ken Shine, MD, Alexia Green, PhD, RN, FAAN, Willaims J McIntye, Pharm.D, and Suzanne Escudier, MD on Models of Care topics. This correlated the advantages of interdisciplinary care. Also, included in this discussion pane were the barriers to interprofessional collegiality.

The 10th Annual Nursing Leadership Conference was very exciting and informative. The featured speakers were knowledgeable and interesting. The panel discussions brought to the table the thoughts and concerns that many of us face on a day to day basis. I am looking forward to next year's conference. I am sure it will be even more fulfilling and exciting.

References

Bazemore, P. &. (2010). The Nature of Primary Care. *Josiah Macy, Jr. Foundation Conference* .

Goldsmith, M. (2009). *Mojo, How to get it, how to keep it, how to get it back if you lose it*. New York: Hyperion.

Texas R.N. Pins & TNA-3 Lanyards Available

Order **Texas Registered Nurse Pins & TNA-3 Lanyards** online at <http://tna3.org>.



Description: RN & outside edge raised & polished with sandblasted background.

Cost: \$8.00 each



Description: Navy Blue Lanyard with white TNA-3 Logo.

Cost: \$2.00 each

Support the future of Nursing
by contributing to

No-Gala Gala

100% of your contribution supports the
TNA-3 Scholarship Fund

Donate online at <http://www.tna3.org>
or by mailing your contribution to:
PO Box 16958; Fort Worth, TX 76162

EVERY CAN COUNTS—FOOD DRIVE



We are very excited about our Every Can Counts Canned Food Drive for 2011. As the unemployment rate soars to an all time high, many families are turning to local food banks for assistance. We have a true need in our community, and we feel it is important for TNA District 3 to get involved. We have many dedicated members who are willing to go the extra mile to help families in need. Currently, we are asking area hospitals partner with us to collect canned food for our community food banks. I am asking the hospitals to challenge their employees to bring at least 1 can of non-perishable food per employee each week during our canned food drive. Our Every Can Counts campaign will run from January 1, 2011 through April 30, 2011. If you would be interested in working on this project or serving on the Community Service committee, please contact the TNA, District 3 office. Get energized and excited! Start saving those canned goods. Let's make Every Can Count!

Thank you very much,
Shakyryn Napier
Community Service Committee
tna3@usapathway.com

...from the
Scholarship Committee

Fellow TNA-District 3 Members

TNA-District 3 supports two scholarships for nursing students who are currently enrolled in a program for registered nurses within the TNA District 3 area. These scholarships are the Academic Scholarship for \$500 and the Monika Dewar Memorial Scholarship for \$500. Again this year, the No Gala-Gala event will be the ONLY event where 100% of the proceeds will go to support scholarship funds. If you would like to make additional contributions to support either the Academic Scholarship or the Monika Dewar Memorial Scholarship you may designate your funds. In this time of economic stress any support that can be provided to nursing students is a welcomed relief.

Thank you for your continuing support of TNA District 3 and the scholarship funds.

Rebecca Personett
Diane Wright
Scholarship Committee
Co-Chairs



Don't forget to check the website, for the latest TNA-3 information.

The following items can now be found on the website
<http://tna3.org>

- * Calendar of Events
- * Order Texas RN Pins & Lanyards online
- * TNA Membership Application
- * Make No Gala Gala Contributions online
- * Photo Gallery



Join us in the
Nurses Lounge

facebook

TNA, District 3 is Thankful for our New Members



Candy Anderson
Delia Areno
Glenn Barnes
Robyn Brown
Diane Cammarata
Patricia Dana

Nancy Hansen
Bobby Harbin
Rhonda Hogan
Barbara Keeney
Rachel Laughbaum

Robert Lewis
Marisa Lutterell
Katheryn Macumber
Donna Read
Roberta Sharratt
Jessica Theno

*We're glad you're here.
We look forward to visiting with you at meetings and events.*



"DO YOU KNOW A REGISTERED NURSE WHO HAS MADE A DIFFERENCE?"

On **April 27, 2011**, the "Great 100 Nurses Celebration" will be held to honor one hundred **Registered Nurses** who have made a significant difference to the profession of nursing and in the lives of patients, peers, and the community-at-large.

Any individual, client/patient, or group may nominate a Registered Nurse whose place of employment is within the Texas Nurses Association, Districts 3 and 4 Regions. To nominate a Registered Nurse, please contact the TNA-3 office at 817-249-5071 or tna3@usapathway.com. Nomination Forms are available for download at www.tna3.org.

The Deadline For Nominations Postmarked Receipt is: January 7, 2011. There will be no exceptions. Fax Transmittals WILL NOT be accepted. Over-night mail, i.e., FedEx, UPS, WILL NOT be accepted.

Looking for a way to get involved in TNA District 3?

Serve on a Committee

Bylaws Committee

Board Liaison: Rebecca Personett & Diane Wright

The Bylaws Committee reviews the current district bylaws and keeps them in line with the state bylaws. It is also the bylaws committees' responsibility to make sure that the bylaws are available to the district and that the district follows said bylaws.

Committee Service Committee

Chairperson: Shakyryn Napier

The Community Service Committee is responsible for developing and implementing plans to serve our community. The 2010-2011 Committee shall work to establish a network of volunteers at district hospitals and nursing schools who shall work to collect non-perishable food items for local food banks.

Continuing Education Committee

Board Liaison: Julie Withaeger

The Program Committee is responsible for developing plans for the general program meetings to be held throughout the year and for the annual meeting. The committee shall seek CNE approval for the District's programs, when appropriate. Our goal is to have very interesting and stimulating speakers for this year.

Finance Committee

Board Liaison: Virginia Campbell

The Finance Committee prepares the annual budget, advises the Board of organization expenditures, and reports to the Board of Directors as well as the district membership. The Finance Committee strives to maintain financial records in accordance with the standard accounting practices of a professional organization.

Membership Committee

Board Liaison: Denise Cauble & Tammy Eades

The Membership Committee works to increase awareness of TNA -3 activities and promote TNA membership among nurses in District Three. Our goal is to increase the membership of TNA-3.

Public Relations

Board Liaison: Carolyn Cagle & Diane Wright

The Public Relations Committee works to increase publicity concerning TNA-3, specifically; and the nursing profession in general. Our goal is to increase public awareness of TNA and its membership.

Governmental Affairs Committee

Board Liaison: Rebecca Personett & Diane Wright

The Governmental Affairs, RN/APN PAC & Practice Committee is made of 2 distinct parts: 1) Governmental Affairs & Practice 2) RN/APN PAC

Goals - Governmental Affairs and Practice Committee

1. Identify nursing practice and health care issues that can be addressed by TNA.
2. To explore possible solutions to issues identified.
3. To provide information on these identified issues to the state level Governmental Affairs committee to determine state level actions needed.
4. To keep members apprised of information the committee has identified and information from our state office.

Goals - RN/APN PAC Committee

1. To ensure that members have knowledge of their opportunities to participate in the RN/APN PAC.
2. To ensure that members are knowledgeable of how their contributions are used.
3. To make available to members information about candidates in the Texas Primaries Elections.
4. To make members aware of opportunities to work in campaigns of nurse friendly candidates.
5. To have committee members educate candidates on nursing issues.

Ways & Means Committee

Board Liaison: Tammy Eades

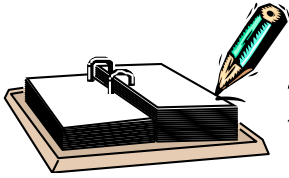
The Ways & Means Committee assists the treasurer and to oversee and develop methods/opportunities for fundraising for TNA District 3. Activities in the past have included: Selling of raffle tickets for Holiday Magic auction, Solicitation of items for Holiday Magic auction, and Assist with the "No Gala" Gala & Annual Dinner 50/50 Raffle.

Scholarship Committee

Board Liaison: Rebecca Personett & Diane Wright

The Scholarship Committee is responsible for distributing the scholarship applications to each of the nursing schools within our district. Once the completed applications are returned to the district, the scholarship committee is responsible for evaluating the applications to determine the most qualified candidate(s). TNA-3 currently awards one Academic Scholarship and one Monika Dewar Memorial Scholarship each year. The Scholarship Committee's main goal is to increase the number of scholarships awarded.

If you are interested in serving on a District 3 Committee,
contact the District office for more information
at tna3@usapathway or 817-249-5071



2010 -- 2011 TNA-3 Calendar of Events

November 18, 2010-- *Fall Issues Forum

Speaker: Clair B. Jordan, MSN, RN
Reception: 6:00PM
Program: 7:00PM
Texas Health Harris Methodist Fort Worth
Education Center Auditorium

TNA Members.....No Fee for CE's
Non-members.....\$10.00 for CE's

April 21, 2011-- *Membership Meeting

Topic: TBA
6:00PM—Sign-in
6:30-8:00PM—Meeting
Texas Health Harris Methodist Fort Worth
Education Center Auditorium

TNA Members.....No Fee for CE's
Non-members.....\$10.00 for CE's

February 17, 2011-- *Membership Meeting

Topic: TBA
6:00PM—Sign-in
6:30-8:00PM—Meeting
Texas Health Harris Methodist Fort Worth
Education Center Auditorium

TNA Members.....No Fee for CE's
Non-members.....\$10.00 for CE's

April 15-16, 2011--House of Delegates

Austin, TX

May 19, 2011--Annual Dinner

6:00 PM
TCU Kelly Alumni Center
2820 Stadium Drive
Fort Worth, TX 76129

April 7--8, 2011-- Nurse Day at the Capitol

Register online at <http://texasnurses.org>

*Meeting broadcast to additional meeting locations including: Texas Health Harris Methodist Cleburne & Texas Health Harris Methodist Hurst-Euless-Bedford. Check flyer for additional locations.

Newsletter Postings & Advertisements

Do you know an outstanding nurse, who is a member of TNA, District Three? Do you have pertinent nursing information that needs to be shared with the district? Do you know of upcoming nursing events & CE opportunities that would interest the membership of District Three? Any member wishing to submit information or advertisements to be published in the *District 3 News* should contact Renee James at 817-249-5071 or by e-mail at tna3@usapathway by the 15th day of the month prior to publication.

Texas Peer Assistance Program for Nurses

TPAPN volunteers act as an advocate providing peer support for their nurse colleagues. If you would like to volunteer or refer someone call 1/800-288-5528 (24-hour helpline) or 1/512-467-7027, fax 512/467-2620, or email www.tpapn.org. Additional information and forms can be downloaded at the following website: <http://www.texasnurses.org/tpapn/index.htm>.



Newsletter Delivery Notice

Reduce, Reuse, Recycle..... District 3 is going Green. In the interest of conservation, TNA District now delivering your *District 3 News* via email delivery or website download only. Thank you for making this endeavor a success!

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