

DISTRICT 3 NEWS

PARKER * SOMERVELL * TARRANT

PUBLISHED BY DISTRICT 3 TEXAS NURSES ASSOCIATION * P.O. BOX 16958

Fort Worth, TX 76162 * 817-249-5071 * tna3@usapathway.com

Website: <http://www.tna3.org>

November / December 2006

President's Message

At our last member meeting on October 19, 2006 plans were outlined for District Three to increase membership by 100 new members to celebrate delete the word "the" here 100 years of Texas Nurses Association which was founded in Fort Worth. A challenge has been issued!!!

One definition of the word challenge is "to issue an invitation to compete against one; to dare". The challenge came Saturday, October 21 at the Fall Forum in Austin from Dallas's District 4 President, Victoria England and the Northern Director, Ellen Palmer. The challenge is that the district president whose district does not get 100 new members by February, 2007, will wear a nurse's cap for one week. So as you can see, we have our work cut out for us. The following poem really spoke to me and how I view my TNA membership. I hope it inspires you as well as you encourage your friends and colleagues to consider membership in TNA. Let's show all the districts in Texas, not just our colleagues in Dallas District 4, what kind of membership we have.

Are You An Active Member?

Author Unknown

Are you an active member, the
Kind that would be missed?
Or are you just contented that
Your name is on the list?

Do you attend the meetings, and
Mingle with the flock?
Or do you stay at home and
Criticize and knock?

Do you take an active part to help
the work along,
or are you merely satisfied to
simply just belong?

Do you ever work on committees
To see what makes them tick,
Or leave the work to just a few
And talk about the clique?

Some come to all the meetings and
Help with hand and heart,
Don't just be a member but take
An active part.

Won't you think this over, you
Know right from wrong,
Are you an active member, or do
You just belong?

District Three Board Members 2006-2007

President

Sharon Ransom

tna3@usapathway.com

President-Elect

Sandi McDermott

Vice President thru 2008

Lygia Dunsworth

Secretary thru 2008

Suzy Lockwood-Rayermann

Treasurer thru 2007

Stephanie Eckstein

Directors thru May 2007

Marinda Allender

Melissa Sherrod

Directors thru May 2008

Kerry Baucom

Shelly Olive

Kiran Sharma

Executive Secretary

Renee James

Office: 817-249-5071

tna3@usapathway.com

I hope to see you all and your colleagues and friends at Fall Issues Forum, Thursday, November 16, 2006 at 6:30 PM. You will not want to miss Clair Jordan, Executive Director of Texas Nurses Association, discussing the issues that impact the practice of Nursing.

Sincerely,
Sharon Ransom
President

Brief History of TNA and District Three

For the past century, The Texas Nurse's Association and District 3 have played a significant part in improving the practice and education of this region's nurses. According to historical documents, nineteen "progressive minded graduate nurses" met on February 22nd in the old Fort Worth Medical College building to organize the Texas Graduate Nurse's Association or as it was later called, Texas Nurse's Association. The purpose of the organization was to ask for legislation recognizing the profession through licensing, maintenance of a high standard of professional qualifications and ethics, efficiency and good fellowship. In 1909, the Texas Registration Bill passed, which awarded a license to graduate nurses who had successfully passed the state board examination.

According to the TGNA official publication, "The Bulletin", District 3 was founded in Fort Worth in 1920. The first President was Alice Taylor. While few historical documents have been preserved from this period, it is clear from looking at District 3 archives that a few dedicated women created and sustained the organization through difficult times, including two world wars and the Depression.

In the early decades of the 20th century, most graduates of nursing schools worked as private duty nurses after completing their coursework. From 1915-1934, there were three privately owned "registries" in Fort Worth. In 1915, a private duty nurse worked a 20 hour shift and received on average \$4.00 a week for her efforts. If she lived in the patient's home and took meals there, she was paid \$5.00 a week. By 1933-34, with the assistance of TGNA, the first officially sanctioned, nurse operated registry or "bureau" was created in District 3. The goals of the registry were to provide for an eight hour work day, a registry where private duty nurses could be hired based on their qualifications and high moral principles, a place where nurses could obtain counsel and advice, and information where they could "cultivate some outside interest or hobby". The first bureau for District 3 was operated by Miss Edessa Payant and was operated in her home from 1934 until 1967. On December 1, 1933, District 3 endorsed a plan for eight hour day at a rate of \$4.00 a day. The group successfully lobbied the Tarrant County Medical Society, which also endorsed the plan.

In 1953, Texas nurses voted by a popular vote of 2:1 to admit Black nurses into the TGNA. It was noted in the Houston Chronicle that the measure had been defeated eight years before. The paper notes that there seemed to be little discussion and that most of the dissent surrounded an amendment related to voting rights for members who were not present at meetings.

By 1967, TNA and District 3 joined together to push for mandatory licensing in Texas. Texas was one of four states without mandatory licensing. Opposed by the Texas Hospital Association, the legislation defined professional nursing, strengthened the disciplinary powers of the Board of Nurse Examiners, and provided mandatory licensing for those providing professional nursing for compensation. The first two amendments passed, but the last was defeated. Finally, in 1969, TNA, with the support of members conducting mass letter writing campaigns, successfully obtained passage of the Texas Nursing Practice Act which prohibited unlicensed nurses from practicing in Texas. As was noted in a 1967 editorial in the Fort Worth Star-Telegram after the first defeat of mandatory licensing in the Nurse Practice Act, "many things which cannot be overcome when they are together yield themselves up when taken little by little." They were writing of TNA and District 3 leadership, noting, "We take this to mean, they'll be back."

Melissa Sherrod
Director

Texas Nurses Association, District 3

is very grateful to each of the organizations who sponsor our monthly meetings. We would like to extend our gratitude to:

Baylor Regional Medical Center at Grapevine

Cook Children's Medical Center

Texas Health Resources

for hosting our membership meetings.

Harris Methodist Fort Worth

for providing the Continuing Education Credits.

And each of our
Continuing Education Program Sponsors:

Cook Children's Medical Center

Harris Methodist Fort Worth

Harris Methodist Southwest

Harris Methodist Walls Regional Hospital

Huguley Memorial Medical Center

Medical Center of Arlington

North Hills Hospital

Plaza Medical Center of Fort Worth



Value of Membership

The term, *membership* can be defined as *a group of people working together for a common goal.*

We've all heard the cliché; 'There is power in numbers. Over the past 100 years, TNA has proven this cliché to be true, where the Nursing Profession is involved. What would "Nursing" in Texas be today, if not for Texas Nurses Association? TNA was the first professional organization to seek state regulation of the practice and education of nursing. In the early 1900's, the efforts of TNA brought about The Nursing Practice Act and the formation of the Board of Nurse Examiners. In the mid 1900's, the nurse's workplace regulations and benefits were improved due to the influence of TNA. In the late 1900's, the Nursing practice and patient advocacy protections were gained under Texas Law. Most recently, the enacting of the Safe Patient Handling Law in January 2006 was due to the efforts of TNA and its members. The effectiveness of Texas Nurses Association is directly related to the commitment and effectiveness of its membership.

Next year, Texas Nurses Association will celebrate 100 years of support to the nursing profession. Support by promoting workplace safety and quality patient care, support by promoting education through scholarship and support by promoting leadership through involvement in research and government.

We all take responsibility for our profession by reading journals, advancing our education and completing required continued education courses. Now is the time to talk to your nurse friends and colleagues, show them the value of TNA membership for *all* nurses, and encourage them to become a member of an organization that has had the interests of the Nursing Profession at the heart of its efforts for 100 years. Who better to lead nursing into the future, than nurses?

Become active in our district, come to a TNA meeting and bring a friend. Show your colleagues how to become involved in the best networking opportunities imaginable. Get involved in creating resolutions to the challenges that nurses face today, and the ones nurses will face tomorrow. Join our common goal; support the nursing student, the nurse educator, the bedside nurse, **PROMOTE NURSING!**

Lygia Dunsworth
Vice President

TNA-3 Membership Drive

Texas Nurses Association organized 100 years ago, in Fort Worth, to improve and promote the Nursing Profession. District Three would like to continue our role as a Leader in Texas by increasing the membership in our district by 100 new members. The October 19th membership meeting marked the beginning of our Membership Drive in honor of TNA's 100th birthday. The guidelines for the contest are as follows:

1. Contestants must be a current TNA-3 member to be eligible. TNA Membership cannot lapse during this drive from October thru February 14, 2007.
2. Each new TNA-3 member signed up must be fully paid or pay by bank draft.
3. New TNA-3 members can be those nurses who have never been members or have let their membership lapse.
4. Each current TNA-3 member that signs up a new member will receive one part of a two part ticket which will be used for prize drawings.
5. Each current TNA-3 member who signs up 5 or more new members will be eligible for the donated **TNA Leadership Conference Scholarship**. This event will be held in Austin in September of 2007. In the event of a tie, the tickets of those in the tie will be placed in a bowl and the winning ticket will be drawn from the bowl.
6. **Recognition will be given to the CNO and Hospital that has the most new members** in the district during this drive.
7. TNA-3 Members will be given an additional ticket for each meeting they attend during this drive, for some drawings and those meetings include:

Membership Meeting

Thursday, October 19, 2006
6:30-8:00 PM

Fall Issues Forum

Thursday, November 16, 2006
6:30-8:00 PM

Holiday Magic Open House

Saturday, December 9, 2006
12:00-2:00 PM

TNA's 100th Birthday Celebration

Thursday, February 15, 2007
6:30-8:00 PM

8. **TNA-3 members must be present at TNA's 100th Birthday celebration to win.**

District Three Welcomes our New Members

Kara Lanning

Tammy Reagan

Melanie H. Payne

Kim Sullivan

Paula M. Peterson

We're glad you're here.

Please let us know if we can do anything to help
you meet your fellow members and get involved.

Don't forget to
check the website,
for the latest
TNA-3 information.

www.tna3.org



The following items can now
be found on the website:

- * Calendar of Events
- * Texas RN Pin Order Form
- * TNA Membership Application
- * Meeting Flyers
- * TNA-3 Photo Gallery
- * Great 100 Nurse Nomination

A SEARCH FOR THE 2007 GREAT 100 NURSES

“DO YOU KNOW A REGISTERED NURSE WHO HAS MADE A DIFFERENCE?”

On May 9, 2007, the “Great 100 Nurses Celebration” will be held to honor one hundred **Registered Nurses** who have made a significant difference to the profession of nursing and in the lives of patients, peers, and the community-at-large.

Any individual, client/patient, or group may nominate a Registered Nurse whose place of employment is within the Texas Nurses Association, Districts 3 and 4 Regions. To nominate a Registered Nurse, please contact the TNA-3 office at 817-249-5071 or tna3@usapathway.com. Nomination forms are available for download from the TNA-3 website www.tna3.org.com.

The Deadline For Nominations Postmarked Receipt is: January 12, 2007. There will be no exceptions. Fax Transmittals WILL NOT be accepted. Over-night mail, i.e., FedEx, UPS, WILL NOT be accepted.

Texas R.N. Pins

On Sale Now

TNA-3 is now selling a Texas Registered Nurse pin designed by the Ways & Means Committee. **Every RN** can wear this pin with pride. These pins will be available at all TNA-3 events and they may be purchased by mail, using the order form below.

Size: 7/8" Texas Shaped Pin

Color: Two tone gold.



Description: RN & outside edge raised
& polished with sandblasted background.

Cost: \$8.00 each

Please return this order form with your payment to:
TNA-3, PO Box 16958, Fort Worth, TX 76162

Enclosed is \$_____ for _____ Texas RN Pin(s).

Name: _____ Daytime Phone: _____

Address: _____

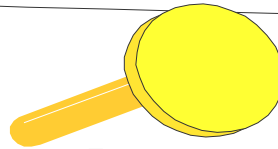
City: _____ State: _____ Zip: _____

Congratulations to District Three Hospitals

TNA, district three would like to congratulate each of the healthcare facilities within our district, who have been recognized for nursing excellence. Currently, we have six hospitals who have received the TNA Nurse-Friendly™ designation and two hospitals who have received the ANCC Magnet Recognition® within our district.

The TNA Nurse-Friendly™ designation is awarded to hospitals in Texas who apply for the designation. The hospitals *earn* the three-year designation after they document to a review team that TNA's Nurse-Friendly Hospital Criteria is present in their facility and that they have met the 12 criteria in the facility. Then, a majority of the nurses at the facility confirm through an online, confidential survey that it is so. You can learn more about the criteria and the TNA Nurse-Friendly™ designation program by going to TNA's website www.texasnurses.org. District Three hospitals that currently have been awarded the nurse friendly status include: **Harris Methodist Erath County Hospital**, Stephenville (2005); **Harris Methodist Walls Regional Hospital**, Cleburne (Spring 2006); **Medical Center of Arlington**, Arlington (Spring 2006); **Plaza Medical Center of Fort Worth, Fort Worth** (Spring 2006); **Glen Rose Medical Center**, Glen Rose (Fall 2006); and **Huguley Memorial Medical Center**, Fort Worth (Fall 2006).

TNA District Three would also like to recognize the two hospitals in our district to receive the ANCC's Magnet Recognition: **Harris Methodist Fort Worth** (2005), and **Cook Children's Medical Center** (2006). The ANCC Magnet Recognition Program® recognizes hospitals who demonstrate nursing excellence, regardless of size, setting, or location. This program was developed to recognize health care organizations that provide the very best in nursing care and uphold professional nursing practice. The Magnet Recognition Program® is based on quality indicators and standards of nursing practice as defined in the American Nurse Association's *Scope and Standards for Nurse Administrators* (2003). The magnet designation process includes the evaluation of both qualitative and quantitative factors in nursing. Because the Magnet program strives to recognize nursing services that demonstrate nursing superiority and promote favorable patient outcomes, this designation signifies quality nursing care to the public. CONGRATULATIONS!

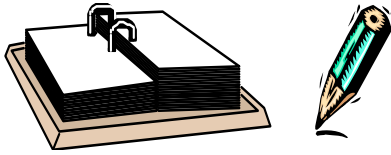


..... from the **Ways & Means Committee**

The Ways and Means Committee is asking the District 3 Membership to either collect raffle item donations from local businesses or make a raffle item donation for the Holiday Magic Open House. In order for this to be a successful fundraiser, we need to offer a large variety of prizes, i.e. gift baskets, movie passes, restaurant gift certificates, shopping certificates from local department stores, items donated by local businesses, etc. A raffle item donation request letter can be downloaded from the TNA-3 website www.tna3.org. The raffle items can be given to Suzy Lockwood at the November 16th meeting, or you can call Suzy at 817-257-6758 to arrange for someone to pick them up.

Raffle Tickets for the Holiday Magic Open House are on sale now, for \$2.00 each. Raffle tickets are included with this newsletter, and we are asking that you assist us in selling them. If you need more tickets to sell, please contact Renee James at 817-249-5071 or tna3@usapathway.com

All raffle proceeds go to the TNA-3 Scholarship Fund.
Thank you for supporting the future of nursing.



Mark Your Calendar!

November 4, 2006--Board of Directors Meeting
 9:00 – 11:00am
 Cook Children's Medical Center
 Basement of the Administration Building,
 Classroom B

November 16, 2006-- Fall Issues Forum
 Speaker: Clair B. Jordan, MSN, RN
 Reception: 6:00PM
 Program: 7:00PM
 Texas Health Resources Pavilion
 601 Ryan Plaza, Arlington, TX 76011

TNA Members.....No Fee for CE's
 Non-members.....\$5.00 for CE's
 Undergraduate Students.....No Fee
 (No CE's given to Undergraduate Students)

November 30, 2006-- Deadline for Fall Membership
 Scholarship

December 9, 2006--Holiday Magic Open House
 At the Home of Kiran Sharma
 228 Willow Ridge Road; Fort Worth, Texas
 12:00 – 2:00PM

There will be no membership meeting in December.
The TNA-3 Board of Directors wish each of you a
joyous holiday season.

January 6, 2007--Board of Directors Meeting
 9:00 – 11:00am
 Cook Children's Medical Center
 Basement of the Administration Building,
 Classroom B

January 12, 2007— Deadline for Great 100 Nurse
 Nomination

February 3, 2007--Board of Directors Meeting
 9:00 – 11:00am
 Cook Children's Medical Center
 Basement of the Administration Building,
 Classroom B

February 7, 2007--TNA 100th Anniversary

February 15, 2007-- TNA's 100th Birthday Celebration
 6:00PM—Sign-in
 6:30-8:00PM—Meeting
 Cook Children's Medical Center
 Hochberger Auditorium

March 3, 2006--Board of Directors Meeting
 9:00 – 11:00am
 Cook Children's Medical Center
 Basement of the Administration Building,
 Classroom B

March 30, 2007—
TNA North Region Golf Tournament for Fun(D)
 Time: TBA
 Location: Canton, Texas

April 7, 2007--Board of Directors Meeting
 9:00 – 11:00am
 Cook Children's Medical Center
 Basement of the Administration Building,
 Classroom B

April 19, 2007--Membership Meeting
 6:00PM—Sign-in
 6:30-8:00PM—Meeting
 Cook Children's Medical Center
 Hochberger Auditorium

TNA Members.....No Fee for CE's
 Non-members.....\$5.00 for CE's
 Undergraduate Students.....No Fee
 (No CE's given to Undergraduate Students)

April 21, 2007--House of Delegates
 Omni Southpark Hotel, Austin, TX

May 5, 2007--Board of Directors Meeting
 9:00 – 11:00am
 Cook Children's Medical Center
 Basement of the Administration Building,
 Classroom B

May 6-12, 2007--Nurses Week

May 9, 2007--Great 100 Nurse Celebration
 Dallas, TX

May 12, 2007--Florence Nightingale's Birthday

May 17, 2007--Annual Dinner
 Cook Children's Medical Center
 Hochberger Auditorium & Pre-function Area
 801 Seventh Avenue
 Ft. Worth, Texas 76104
 6:00PM

June 2, 2007-- Board of Directors "Wrap-up" Meeting
 9:00 – 11:00am
 Cook Children's Medical Center
 Basement of the Administration Building,
 Classroom B

Texas Nurses Association, Districts Three and Four
Invite you to attend this year's

Annual Fall Issues Forum

Thursday, November 16, 2006

Texas Health Resources Pavilion

601 Ryan Plaza Dr., Arlington, TX 76011

Reception 6:00 PM

Program 7:00 PM

Speaker: Clair B Jordan, MSN, RN

Executive Director, Texas Nurses Association

Reception and Meeting Facility sponsored by
Texas Health Resources

Continuing Education sponsored by
Texas Nurses Association

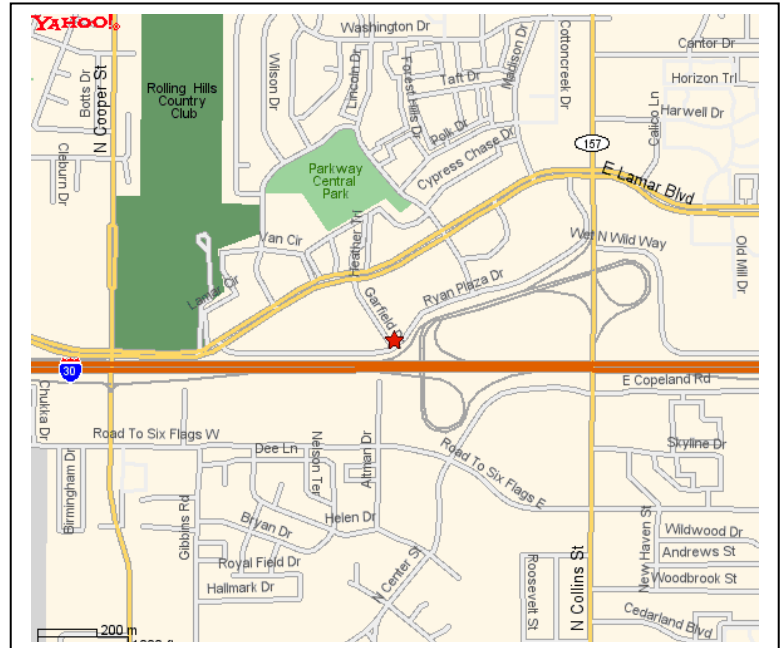
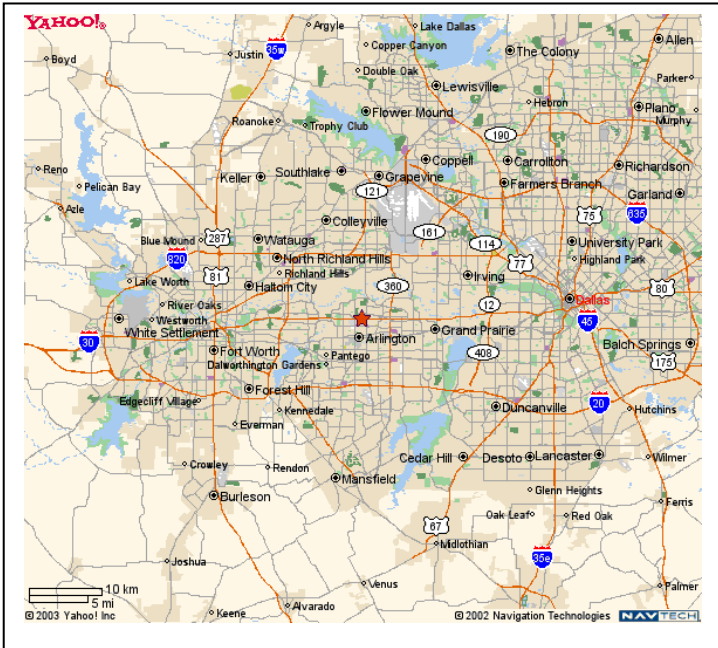
.....
• TNA Members.....	No Fee
• Non-members.....	\$5.00
• Undergraduate Students.....	No Fee
• (No CE's given to Undergraduate Students)	
.....

Free parking is available at facility

For information or directions, please call 817-249-5071

1.0 Contact Hours. Texas Nurses Association, District Four is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission of Accreditation. This activity meets Type I criteria for mandatory continuing education requirements toward relicensure as established by the Board of Nurse Examiners for the State of Texas.

Directions to Annual Fall Issues Forum
601 Ryan Plaza Dr.
Arlington, TX 76011



If coming from the Fort Worth / West Arlington area, take 1-30E to the Cooper St./Lamar Blvd. Exit (#27); turn Left on North Cooper; turn right on East Lamar Blvd; turn right on Ryan Plaza.

If coming from the Dallas / East Arlington area, take 1-30W to the Cooper St./Lamar Blvd. Exit (#27); turn right on North Cooper; turn right on East Lamar Blvd; turn right on Ryan Plaza.

If you need further directions, contact Renee at 817/249-5071 or tna3@usapathway.com.



Texas Nurses Association, District Three
Invites you to attend the Fourteenth Annual

Holiday Magic Open House

Featuring a

Gourmet Snack and Dessert Buffet

&

Holiday Raffle

Saturday, December 9, 2006
12:00-2:00 pm

At the home of Kiran Sharma
228 Willow Ridge Road
Fort Worth, TX

Raffle Prizes include:

Gift Certificates, Entertainment Passes, Restaurant Dinners,
Gift Baskets, Holiday Gifts & more

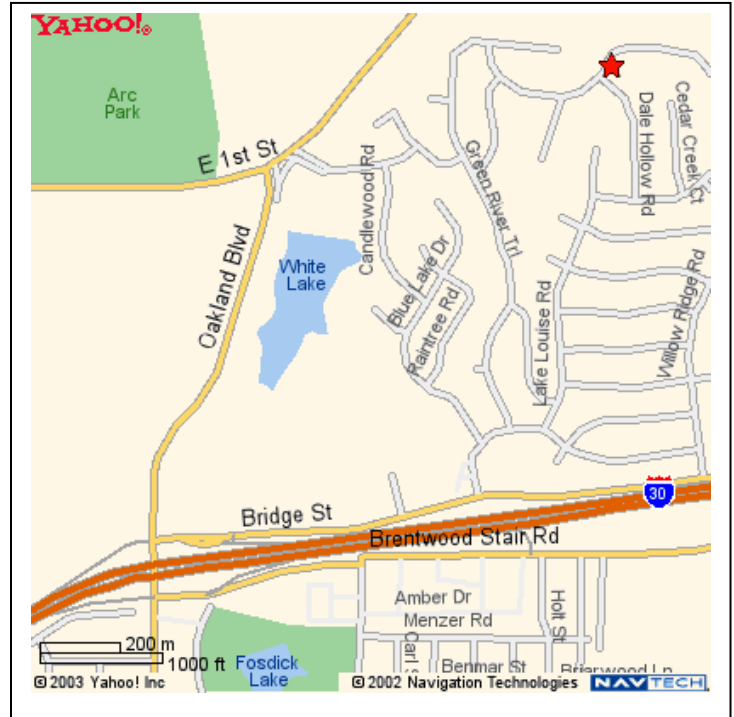
Tickets available from any
TNA-3 member for \$2.00 each.

No RSVP Necessary
Membership Not
Required

For more
information:
Please call the TNA-3
Office at 817-249-5071

Proceeds from raffle will benefit the TNA-3
2006-2007 Scholarship Fund

Directions to Holiday Magic Open House
Kiran Sharma
228 Willow Ridge Road
Fort Worth, TX 76103



If coming from I-35 area, take I-30 East to the Oakland Blvd. Exit (#18); turn left on Oakland Blvd; turn right on E 1st Street; continue on Randol Mill Road; bear right on Havasu Trail; turn right on Chandler Lake Road; turn right on Green River Trail; turn left on Lake Charles Avenue N; turn right on Willow Ridge Road.

If coming from 820E area, take I-30 West to the Oakland Blvd. Exit; turn right on Oakland Blvd; turn right on E 1st Street; continue on Randol Mill Road; bear right on Havasu Trail; turn right on Chandler Lake Road; turn right on Green River Trail; turn left on Lake Charles Avenue N; turn right on Willow Ridge Road.

Please call Kiran at 817-457-8407 or Renee at 817-249-5071
if more directions are needed.

Texas Peer Assistance Program for Nurses

TPAPN volunteers act as an advocate providing peer support for their nurse colleague. If you would like to volunteer or refer someone call 1/800-288-5528 (24-hour helpline) or 1/512-467-7027, fax 512/467-2620, or email www.tpapn.org

Information Update

Have you moved? Changed your name?
Changed your e-mail address?

Please contact the District 3 office, and let us know about your changes. We would like to update your information to ensure that you receive your newsletter and the latest information about TNA-3.



Texas Nurses Association, District 3
P.O. Box 16958
Fort Worth, TX 76162

Phone: 817-249-5071
Fax: 817-249-5071
Email: tna3@usapathway.com