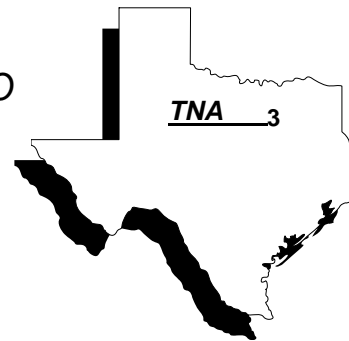


ERATH * HOOD * JOHNSON * PALO PINTO

DISTRICT 3 NEWS

PARKER * SOMERVELL * TARRANT



PUBLISHED BY DISTRICT 3 TEXAS NURSES ASSOCIATION * P.O. BOX 16958
Fort Worth, TX 76162 * 817-249-5071 * tna3@usapathway.com
Website: www.tna3.org

November / December 2005

President's Message

Wow!!! What an awesome group of nurses live in TNA District 3. Not only are each of you busy with your professional and personal lives but a great number of you found time to give more time to others in need. Over 300 nurses from TNA District 3 received training from the American Red Cross and found time to work in the shelters set up to care for the victims of Hurricanes Katrina and Rita here in the metroplex. Others of you responded to calls for help from Ready Texas Nurse and actually went to the areas of devastation to provide care for those rescued. A sincere thank you goes to each of you for demonstrating what this profession is all about, the heart of a nurse.

Once again, our initial meeting of the year started out with lots of information from the TNA Leadership conference and focused mainly on the legislative updates that impact our practice. You will hear more and more about these as time goes on because TNA is on the cutting edge when it comes to leading the nation in resolution of practice issues.

The meeting in Glen Rose was a wonderful success and we were met with such enthusiasm. Thank you to Glen Rose Medical Center for hosting a great meeting and the warm welcome we received. Thank you to our past president, Bonnie Higgins for being far sighted in wanting to include the outlying areas of our district more by going to them. This has been so well received that we plan to continue having meetings in outlying areas to carry the message of the district.

Just a reminder about a few things to add to your calendars before the holiday season sends you reeling. Fall Issues Forum with Clair Jordan is a must. Clair will be discussing the "State of the Profession". With all the legislative and regulatory forces in place we need to be more aware of all that will have an impact on our practice and profession. This presentation will be held on Thursday, November 17, 2005 with reception at 6:00 PM and program starting at 7:00 PM. Look forward to seeing you there.

In December, take a few minutes from your busy holiday activities and join us for the Holiday Magic Open House at the home of Kiran Sharma on December 10, 2005 from 12:00 to 2:00pm. If you have never attended this event, you are in for a treat. Kiran beautifully decorates her home and prepares the most delicious foods. All proceeds from this event goes to nursing scholarships.

Bonnie Higgins and I attended the Fall Forum in Austin this year and were presented with opportunities to discuss the challenges faced by each TNA District and what our most important roles are in today's world. I've reflected on this since my return and believe that TNA 3's role is to get information to each of you that will help you make decisions about how you want to practice and what you want your profession to be. With that in mind, I would like to encourage each you to join TNA 3 so that you and your visions of the future of nursing may be represented.

Have a wonderful holiday season,
Sharon Ransom

District Three Board Members 2005-2006

President

Sharon Ransom
tna3@usapathway.com

Vice President thru 2006

Mary Alice Stam

Secretary thru 2006

Suzu Lockwood-Rayermann

Treasurer thru 2007

Stephanie Eckstein

Directors thru May 2006

Sandi McDermott
Susie Hood
Kiran Sharma

Directors thru May 2007

Marinda Allender
Melissa Sherrod

Past-President

Bonnie Higgins

Executive Secretary

Renee James
Office: 817-249-5071
tna3@usapathway.com

Meet the Board

"One professional year in the life of three board members"



Stephanie Eckstein, MSN, CNS, RN
Treasurer

- Clinical Instructor, University of Texas, School of Nursing
- Member, TNA CNE Committee
- Member, AWHONN, NANN, Cowtown NNSDO
- USAF (Ret) Nurse Corps
- Special Interests: Mothers and Babies, Nursing and Parent Education, Travel, Reading and Gardening



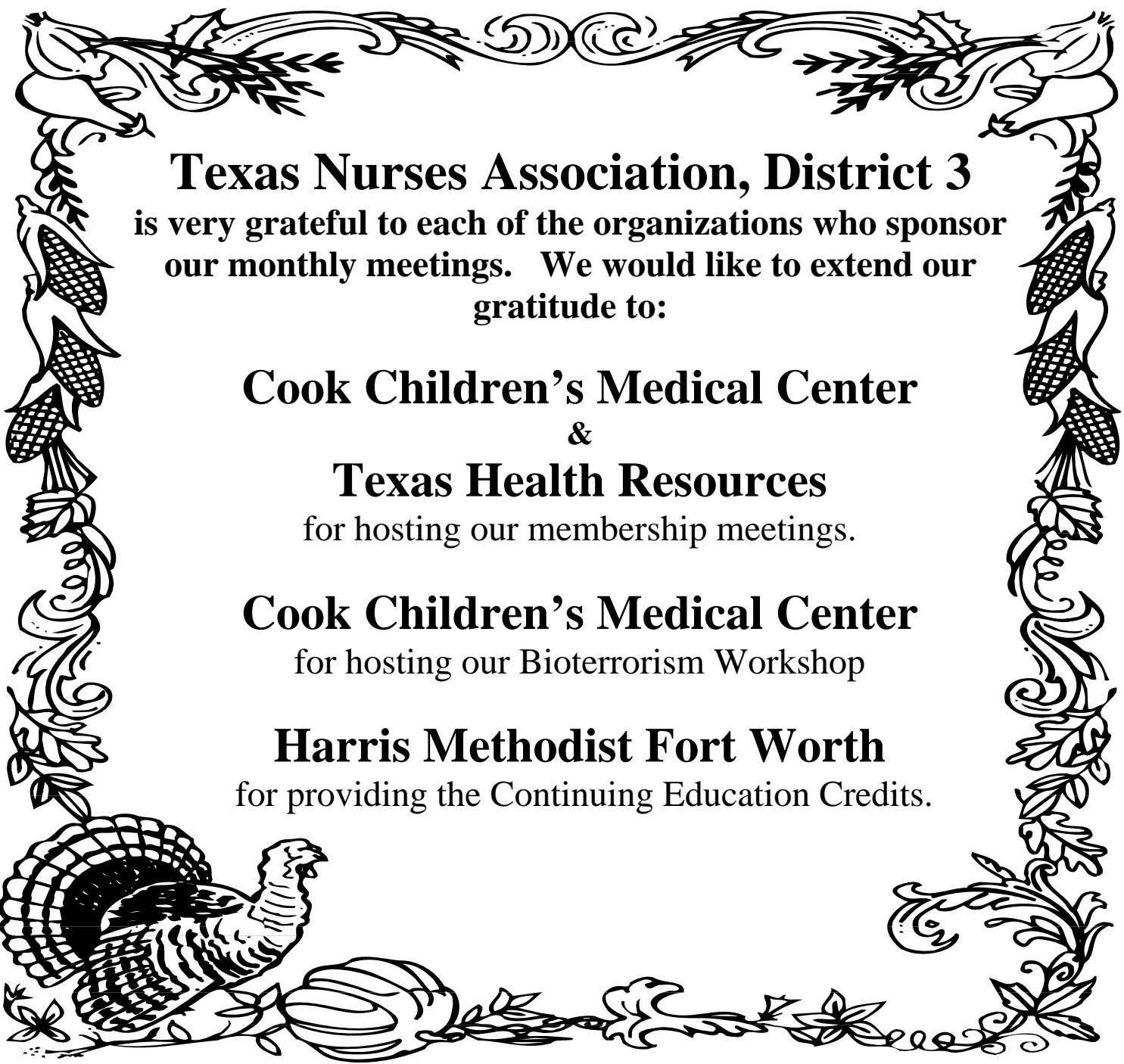
Marinda Allender RN, MSN, CPN
Director

- Instructor, Harris School of Nursing, TCU
- Assistant Dean, College of Health and Human Sciences, TCU
- Staff Nurse, Cook Children's Medical Center
- Certified Pediatric Nurse
- Peer Review Committee, Cook Children's Medical Center
- BLS Instructor



Melissa McIntire Sherrod, RN, PhD
Director

- Assistant Professor of Nursing, Texas Christian University
- Married to Michael for 29 years
- Mother of Colin & Nicholas, both of whom are in college
- Hobbies—Travel, Cooking (especially Italian food), and Painting



Texas Nurses Association, District 3
is very grateful to each of the organizations who sponsor
our monthly meetings. We would like to extend our
gratitude to:

Cook Children's Medical Center
&
Texas Health Resources
for hosting our membership meetings.

Cook Children's Medical Center
for hosting our Bioterrorism Workshop

Harris Methodist Fort Worth
for providing the Continuing Education Credits.

Congratulations
Harris Methodist Erath County

Harris Methodist Erath County Hospital, in Stephenville, has earned the distinctive Nurse-Friendly Hospital designation awarded by Texas Nurses Association. Earning the Nurse-Friendly Hospital designation of TNA means a facility has documented the presence of the 12-essential elements of the ideal nursing practice environment, and the facility's own nurses, through a survey, have confirmed it. Congratulations!

TNA-3 NURSES RESPOND TO HEALTH NEEDS ASSOCIATED WITH RECENT HURRICANES

The nurses of TNA-3 have responded in a heart-warming manner to the health needs that have impacted the Tarrant County area following Hurricanes Katrina and Rita. I have been asked to summarize some of the activities in which the nurses of TNA-3 have been involved.

The first activity began on Wednesday, August 31 when Tarrant County area hospitals began to receive patients who had been air lifted out of the Hurricane Katrina affected areas. Many of the nurse leaders who coordinated the efforts to receive these patients into our hospitals are TNA-3 members. On Thursday, September 1, teams of TCU School of Nursing faculty and students began interviewing patients who had arrived in Tarrant County from the disaster impacted areas. These faculty/student teams gathered information that was utilized by the American Red Cross Disaster Welfare Inquiry system to match these patients with their loved ones. Most of the faculty who participated in these teams are TNA-3 members, and they were often coordinating with other TNA-3 members within the hospital settings.

The significant role that TNA-3 plays in our local nursing community was again demonstrated on Saturday, September 3. An email notice was sent to TNA-3 members on September 1. This email was a request for TNA-3 members to consider helping staff American Red Cross shelters. Those interested were asked to sign up and attend an all-day training event on September 3. Despite the short notice and significant difficulty in communication (busy phone lines), close to 90 Registered Nurses attended the September 3rd training. A great majority of those attending were TNA-3 members.

The nurses who attended the September 3rd training immediately began staffing the American Red Cross shelters. Some nurses went straight from the training to shelters. Others went home to sleep before working the night shift in shelters. Since that time, TNA-3 members have continued

to provide the majority of local staffing coverage for the shelters. Additional demands were placed on the volunteer nurses when additional shelters were opened as a result of Hurricane Rita.

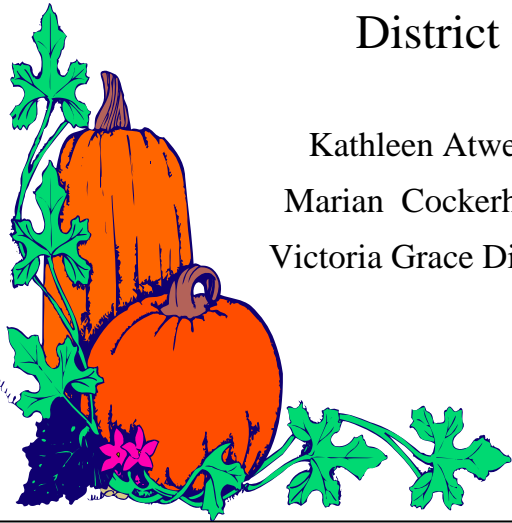
In addition, individual members of TNA-3 have case managed difficult patient/family situations that have required complex intervention and coordination. At the time this article is being written (October 8), TNA-3 members continue to provide the bulk of local volunteer assistance for the health related needs of the disaster affected individuals and families who are now living in Tarrant County.

As the local American Red Cross Disaster Health Services Chapter Lead, I owe a tremendous debt to the nurses of TNA-3. I have asked a great deal of our membership, both as a group and often as individual members. I dare not mention the debts I owe to specific individuals for fear of omitting others. However, I do wish to specifically thank two individuals within TNA-3. Sharon Ransom (President) has allowed me to use the TNA-3 distribution list as a communication tool and as a forum to plead for assistance. Thank you, Sharon, for your prompt response to my many requests. I also am deeply grateful for the assistance of Renee James (Executive Secretary). Renee has served as a communication coordinator during this time. My requests to Renee have always been promptly and graciously accepted. Thank you, Renee, for helping in this significant way.

The recent hurricanes have again provided confirmation of what nurses have always known. When significant human needs exist, the local community of nurses will respond with the knowledge and skills needed to help meet those needs. Our district can be truly proud of our ongoing response to Hurricanes Katrina and Rita.

Susan Mace Weeks, MS, RN

District Three Welcomes our New Members



Kathleen Atwell
Marian Cockerham
Victoria Grace Dimen

Juilana Gates
Lynn Herr
Nelia Ibana

Sue Sewell
Margaret Tillman
Victoria Wahlenmaier

We're glad you're here. Please let us know if we can do anything to help you meet your fellow members and get involved.

A SEARCH FOR THE 2005 GREAT 100 NURSES

“DO YOU KNOW A REGISTERED NURSE WHO HAS MADE A DIFFERENCE?”

On May 15, 2006, the “Great 100 Nurses Celebration” will be held to honor one hundred **Registered Nurses** who have made a significant difference to the profession of nursing and in the lives of patients, peers, and the community-at-large.

Any individual, client/patient, or group may nominate a Registered Nurse whose place of employment is within the Texas Nurses Association, Districts 3 and 4 Regions. To nominate a Registered Nurse, please contact the TNA-3 office at 817-249-5071 or tna3@usapathway.com.

The Deadline For Nominations Postmarked Receipt is: January 13, 2006. There will be no exceptions. Fax Transmittals WILL NOT be accepted.

Texas R.N. Pins

On Sale Now

TNA-3 is now selling a Texas Registered Nurse pin designed by the Ways & Means Committee. **Every RN** can wear this pin with pride. These pins will be available at all TNA-3 events and they may be purchased by mail, using the order form below.

Size: 7/8" Texas Shaped Pin
Color: Two tone gold.



Description: RN & outside edge raised & polished with sandblasted background.
Cost: \$8.00 each

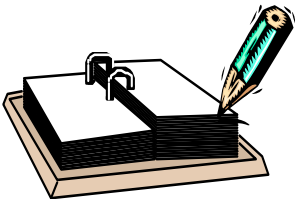
**Please return this order form with your payment to:
TNA-3, PO Box 16958, Fort Worth, TX 76162**

Enclosed is \$_____ for _____ Texas RN Pin(s).

Name: _____ Daytime Phone: _____

Address: _____

City: _____ State: _____ Zip: _____



Mark Your Calendar!

November 5, 2005--Board of Directors Meeting

9:30 -11:30AM
Cook Children's Medical Center
Education Building Classroom B

November 17, 2005--Fall Issues Forum

Topic: "State of the Profession"
Speaker: Clair B. Jordan, MSN, RN
Reception: 6:00PM
Program: 7:00PM
Texas Health Resources Pavilion
601 Ryan Plaza Dr, Arlington, TX 76011

No Cost for TNA members
\$5.00 fee for Non-members

December 10, 2005--Holiday Magic Open House

At the Home of Kiran Sharma
228 Willow Ridge Road
Fort Worth, Texas
12:00 – 2:00PM

January 7, 2006--Board of Directors Meeting

9:30 -11:30AM
Cook Children's Medical Center
Education Building Classroom B

January 17, 2006-- Exploring "Complicated" Mourning: Sudden Death, Suicide Grief and Trauma Loss

Presenter: Alan D. Wolfelt, Ph.D
6:00 PM. – 9:00 PM
Place: New World United
Methodist Church
2201 N. Davis Drive, Arlington, TX

Presented by: First United Methodist Church
Fort Worth, Texas

February 4, 2006--Board of Directors Meeting

9:30 -11:30AM
Cook Children's Medical Center
Education Building Classroom B

February 18, 2006--Legislative Meeting

9:00AM Registration
9:30AM – 11:30AM
Place: Cook Children's Medical Center,
Hochberger Auditorium

No Cost for TNA members
\$5.00 fee for Non-members

March 4, 2006--Board of Directors Meeting

9:30 -11:30AM
Cook Children's Medical Center Education
Building Classroom B

March 31, 2006—

TNA North Region Golf Tournament for Fun(D)
Time: TBA
Location: Canton, Texas

April 1, 2006--Board of Directors Meeting

9:30 -11:30AM
Cook Children's Medical Center
Education Building Classroom B

April 20, 2006--Membership Meeting

Topic: TBA
6:00PM—Sign-in
6:30-8:00PM—Meeting
Place: Cook Children's Medical Center,
Hochberger Auditorium

No Cost for TNA members
\$5.00 fee for Non-members

April 22, 2006-- House of Delegates

Austin, TX

May 6, 2006--Board of Directors Meeting

9:30 -11:30AM
Cook Children's Medical Center
Education Building Classroom B

May 6-12, 2006--Nurses Week

May 15, 2006--Great 100 Nurse Celebration

Dallas, TX

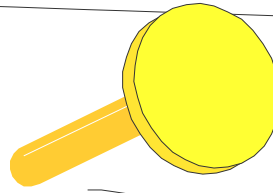
May 18, 2006--Annual Dinner

Texas Christian University
Kelly Alumni Center
2820 Stadium Drive
Time: 6:00PM

June 3, 2006--Board of Directors Wrap-up Meeting

9:30 -11:30AM
Cook Children's Medical Center
Education Building Classroom B

**There will be no membership meeting in December.
The TNA-3 Board of Directors wish each of you a joyous holiday season.**



A Note from the Ways & Means Committee

The Ways and Means Committee is asking the District 3 Membership to either collect raffle item donations from local businesses or make a raffle item donation for the Holiday Magic Open House. In order for this to be a successful fundraiser, we need to offer a large variety of prizes, i.e. gift baskets, movie passes, restaurant gift certificates, shopping certificates from local department stores, items donated by local businesses, etc. A raffle item donation request letter can be downloaded from the TNA-3 website www.tna3.org. The raffle items can be given to Suzy Lockwood at the November 17th meeting, or you can call Suzy at 817-257-6758 to arrange for someone to pick them up.

Raffle Tickets for the Holiday Magic Open House are on sale now, for \$2.00 each. Raffle tickets will be mailed to each TNA-3 Member and we are asking that you assist us in selling them. If you need more tickets to sell, please contact Renee James at 817-249-5071 or tna3@usapathway.com

All raffle proceeds go to the TNA-3 Scholarship Fund.
Thank you for supporting the future of nursing.

Texas Peer Assistance Program for Nurses

TPAPN volunteers act as an advocate providing peer support for their nurse colleague. If you would like to volunteer or refer someone call 1/800-288-5528 (24-hour helpline) or 1/512-467-7027, fax 512/467-2620, or email www.tpapn.org

Information Update

Have you moved? Changed your name?
Changed your e-mail address?

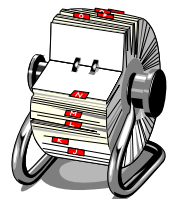
Please contact the District 3 office, and let us know about your changes. We would like to update your information to ensure that you receive your newsletter and the latest information about TNA-3.

Texas Nurses Association, District 3
P.O. Box 16958
Fort Worth, TX 76162

Phone: 817-249-5071

Fax: 817-249-5071

Email: tna3@usapathway.com



Texas Nurses Association, Districts Three and Four
Invite you to attend this year's

Annual Fall Issues Forum

Thursday, November 17, 2005

Texas Health Resources Pavilion

601 Ryan Plaza Dr., Arlington, TX 76011

Reception 6:00 PM

Program 7:00 PM

“State of the Profession”

Speaker: Clair B Jordan, MSN, RN
Executive Director, Texas Nurses Association

Reception and Meeting Facility sponsored by
Texas Health Resources

Continuing Education sponsored by
Texas Nurses Association

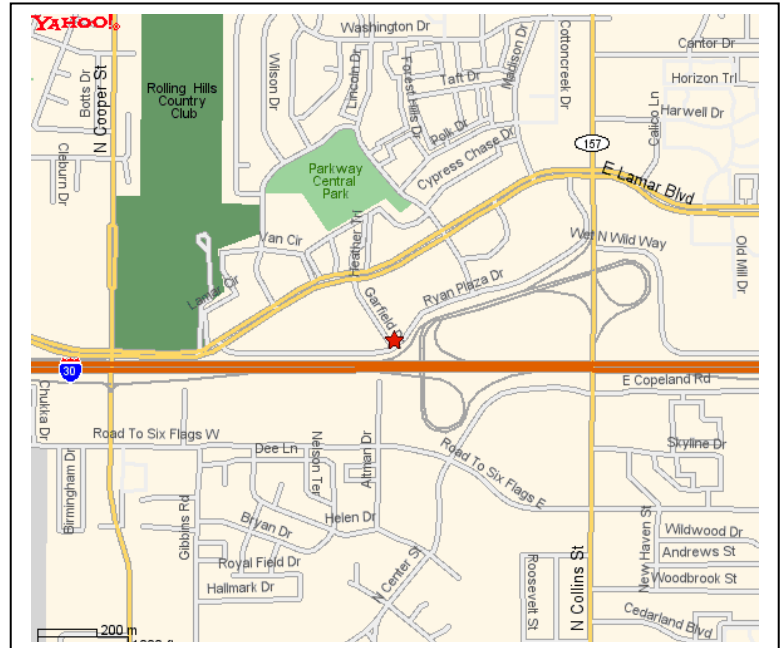
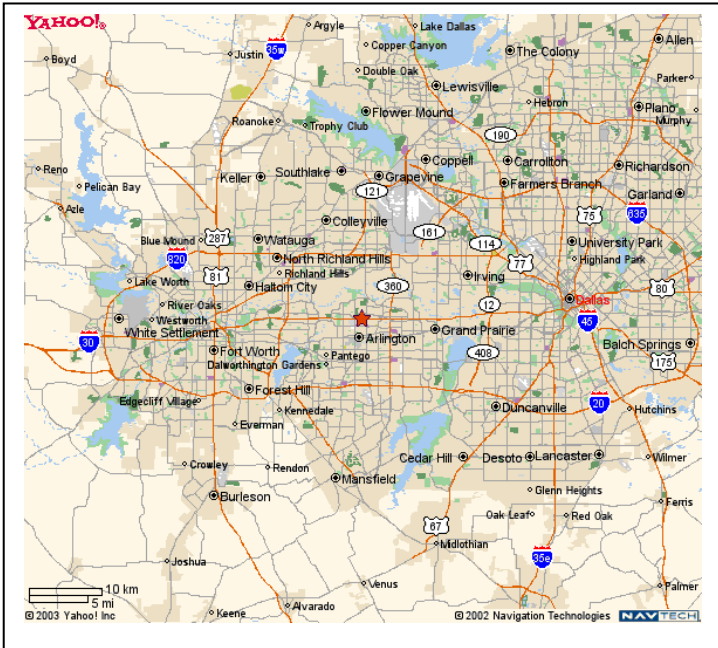
•••••		•••••
•	TNA Members.....	No Fee
•	Non-members.....	\$5.00
•	Undergraduate Students.....	No Fee
•	(No CE's given to Undergraduate Students)	
•••••		•••••

Free parking is available at facility

For information or directions, please call 817-249-5071

1.0 Contact Hours. Texas Nurses Association, District Four is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission of Accreditation. This activity meets Type I criteria for mandatory continuing education requirements toward relicensure as established by the Board of Nurse Examiners for the State of Texas.

Directions to Annual Fall Issues Forum
601 Ryan Plaza Dr.
Arlington, TX 76011



If coming from the Fort Worth / West Arlington area, take 1-30E to the Cooper St./Lamar Blvd. Exit (#27); turn Left on North Cooper; turn right on East Lamar Blvd; turn right on Ryan Plaza.

If coming from the Dallas / East Arlington area, take 1-30W to the Cooper St./Lamar Blvd. Exit (#27); turn right on North Cooper; turn right on East Lamar Blvd; turn right on Ryan Plaza.

If you need further directions, contact Renee at 817/249-5071 or tna3@usapathway.com.



Texas Nurses Association, District Three
Invites you to attend the Thirteenth Annual

Holiday Magic Open House

Featuring a

Gourmet Snack and Dessert Buffet

&

Holiday Raffle

Saturday, December 10, 2005
12:00-2:00 pm

At the home of Kiran Sharma
228 Willow Ridge Road
Fort Worth, TX

Raffle Prizes include:

A Massage Gift Certificate, Entertainment Passes,
Restaurant Dinners, Gift Baskets, Holiday Gifts & more

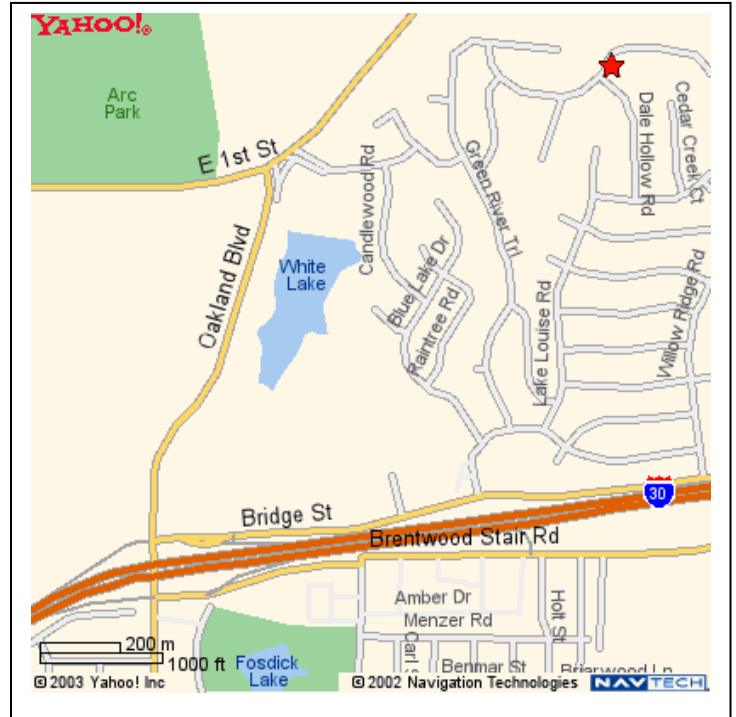
Tickets available from any
TNA-3 member for \$2.00 each.

No RSVP Necessary
Membership Not
Required

For more
information:
Please call the TNA-3
Office at 817 249 5071

Proceeds from raffle will benefit the TNA-3
2005-2006 Scholarship Fund

Directions to Holiday Magic Open House
Kiran Sharma
228 Willow Ridge Road
Fort Worth, TX 76103



If coming from I-35 area, take I-30 East to the Oakland Blvd. Exit (#18); turn left on Oakland Blvd; turn right on E 1st Street; continue on Randol Mill Road; bear right on Havasu Trail; turn right on Chandler Lake Road; turn right on Green River Trail; turn left on Lake Charles Avenue N; turn right on Willow Ridge Road.

If coming from 820E area, take I-30 West to the Oakland Blvd. Exit; turn right on Oakland Blvd; turn right on E 1st Street; continue on Randol Mill Road; bear right on Havasu Trail; turn right on Chandler Lake Road; turn right on Green River Trail; turn left on Lake Charles Avenue N; turn right on Willow Ridge Road.

Please call Kiran at 817-457-8407 or Renee at 817-249-5071
if more directions are needed.