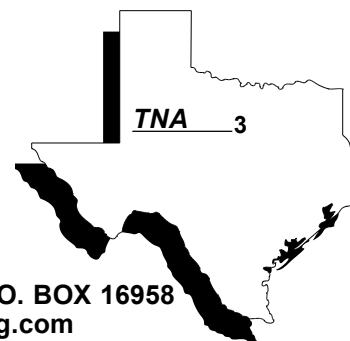


DISTRICT 3 NEWS

PARKER * SOMERVELL * TARRANT

PUBLISHED BY DISTRICT 3 TEXAS NURSES ASSOCIATION * P.O. BOX 16958
Fort Worth, TX 76162 * 817-249-5071 * tna3@mindspring.com



March / April 2004

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Maria30@flash.net

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Office: 817-249-5071
tna3@mindspring.com

President's Message

I would like to take this opportunity to urge you to set aside two evenings for TNA, District 3. The first one is April 15th. This date should be easy to remember for the obvious reason, our income tax deadline. Anyway, we will have our next District 3 meeting on that date. This meeting will be a panel discussion on cultural diversity, which should be both interesting and informative.

The second evening, May 13th, is the occasion of our annual awards dinner. This evening is truly a celebration of nursing. The dinner is usually very good but the socializing is priceless. Annual Award recipients and this year's nursing scholarship recipients will be honored at the dinner. We are hoping that some of this year's "Great 100 Nurses" will be there as well.

In conjunction with the dinner, District 3 will have two raffle drawings. In addition to the traditional raffle, something new will be done this year and that is a 50/50 Split Raffle. The proceeds of these activities will go toward the nursing scholarships for next year. This gives each of you an opportunity to help further nursing education by assisting deserving nursing students. You can do this either by buying raffle tickets, donating items for the silent auction and raffle, or by getting friends associates to do one or both. You can also show your support by coming to the dinner. I am looking forward to seeing each of you at the awards dinner.

One final thing, please take a moment to read the biographical information on the candidates listed on the ballot, and vote for nursing leadership for District 3 for this coming year—2004-2005. The candidate biographical information and a ballot are included in this newsletter. Hope to see you all on April 15th.

Magnet Recognition & Nurse Involvement in Professional Organizations

Many hospitals around the area and country are buzzing about “Magnet.” Hospitals that achieve Magnet status have a lot going for them, such as increase nursing satisfaction, increased nursing retention and better patient outcomes. I think most of us would agree that these are all desirable attributes.

The journey to Magnet recognition often begins with an analysis of the Magnet Standards and an assessment of how a hospital would measure up to the standards. Magnet Standards serve as the roadmap to achieving excellence in nursing and patient care services. There are 14 standards with the first 6 addressing Standards of Care and the next 8 Standards focus on Professional Performance. Specifically, Magnet Standards 9 and 10 address Education and Collegiality, exactly what TNA represents. Standard 9 focuses on Education and addresses the need for Professional Development of Nursing Staff and Leaders. Standard 9 criteria include the following that must be in place and supported:

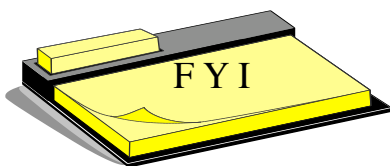
- Seek additional knowledge and skills appropriate to the practice setting by developing and/or participating in educational programs and activities, conferences, workshops, interdisciplinary professional meetings, and self-directed learning.
- Participate in educational opportunities that address evidence-based care strategies, technological advances, and other skills so that knowledge, skills, and abilities promote quality in the delivery of services to clients.
- Pursue formal education, certification and other professional development opportunities.
- Network with peers in state/region to share ideas and conduct mutual problem solving.

Standard 10 focuses on collegiality and further suggests involvement in professional organizations specifically requiring nurses to:

- Contribute to the professional development of students, staff, and colleagues.
- Practice in an environment that supports and encourages involvement in professional nursing organizations and activities at the local, state, national and international levels.

The aforementioned standards and criterion focus on the education and involvement of staff nurses and nurses in leadership positions. There is a clear mandate from the Magnet standards for nurses to have education and for nurses to be involved in professional organizations. Fortunately, membership in TNA provides both of these opportunities and many more. Involvement in TNA as a member and/or officer provides a mechanism to assist in the professional development and education of nurses. Magnet is a commitment to quality nursing and patient care. Come and participate in TNA, we have a lot to offer!

Mary Robinson



Remember to check the website at www.tna3.org for the latest information regarding TNA-3.

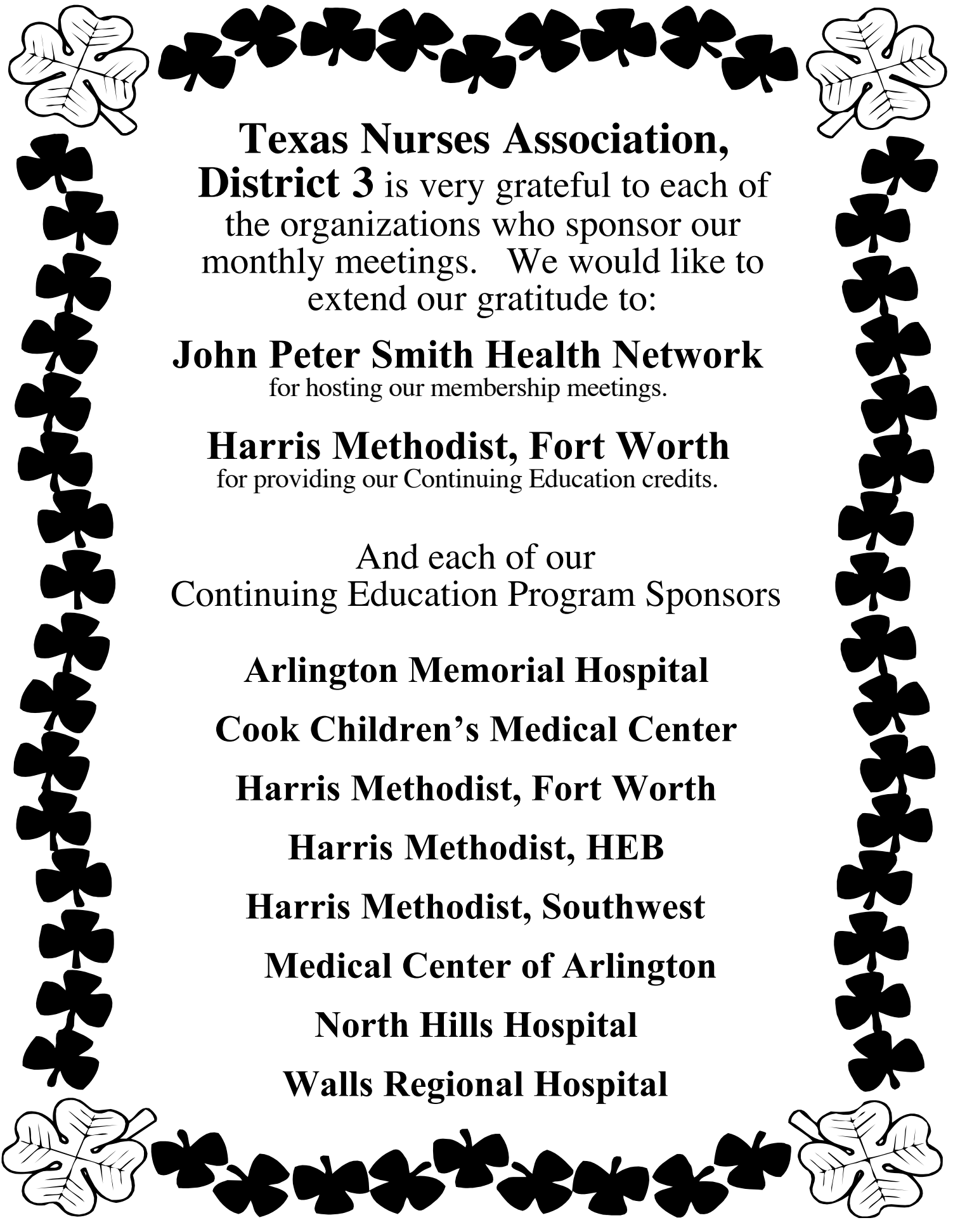
The following items can now be found on our website:

- 2004 Scholarship Application
- 2004 Award Nomination Forms
- “Legal Liability...” Registration
- TNA-3 Events Calendar
- District Meeting Flyers
- District Meeting Minutes

TNSA Exceptional Leadership Award

Texas Nurses Association, District Three appreciates the outstanding student leadership within TNSA. A scholarship for ANA/TNA membership is being awarded to one exceptional graduate/graduating TNSA leader. Applications are being sent to the area TNSA sponsors. The winner of the scholarship will receive membership for one year and be a guest at several board meetings. It is our hope that this will allow the new graduate to take an active part in the professional organization and possibly provide future leadership for the district.

Bonnie Higgins
President-elect



**Texas Nurses Association,
District 3** is very grateful to each of
the organizations who sponsor our
monthly meetings. We would like to
extend our gratitude to:

John Peter Smith Health Network
for hosting our membership meetings.

Harris Methodist, Fort Worth
for providing our Continuing Education credits.

And each of our
Continuing Education Program Sponsors

Arlington Memorial Hospital

Cook Children's Medical Center

Harris Methodist, Fort Worth

Harris Methodist, HEB

Harris Methodist, Southwest

Medical Center of Arlington

North Hills Hospital

Walls Regional Hospital



GAC / Practice Committee

The Primaries are over and I hope that each of you used your opportunity to let your wishes be known. Now it is time to focus on the November elections. The races for national, state, and local officials are all important. Both ANA, for national candidates, and TNA, for state candidates, can inform you which candidates are “nurse friendly”, but who you vote for is a private matter. Just please vote!

While we think of the elections we need to think also about nursing issues that are forming. This article will focus on the state level issues and there are many that are already forming for the 2005 Texas legislative session. All of the issues listed below will be assessed to determine if a legislative solution is needed or if there is another route to better addressing the issue.

1) Nursing Shortage

Increasing the supply of RNs - We will again be looking at money to increase the School of Nursing enrollment across the state and also look for ways to increase faculty salaries.

Improve retention of RNs – The December 2003 IOM report has brought to the forefront many issues we have already been discussing in Texas. We will be looking at Peer Review and Mandatory Reporting to determine if there are ways to improve the process. In long term care facilities we will be looking at the need to have an RN on site continuously. Nursing fatigue needs to be addressed – the number of hours a nurse can work and still provide safe quality nursing care. This will also help address Mandatory Overtime. All of these issues will force another look at staffing levels.

- 2) Nurse Practice Act – With combining of the RN and LVN Boards some revisions will be necessary.
- 3) MultiState Licensure – It is time to renew the present compact plus APN are in need of a compact as well.
- 4) RNFA – Refine the current rule
- 5) Standardized training for Nurse Aides – Explore ways to provide standardized training for the acute care aides.
- 6) CHIP & Medicaid – Funding and access to CHIP & Medicaid is needed to repair the damage from last session’s budget shortfalls.

2005 Texas Legislative session is already shaping us to be interesting and very active for nursing and healthcare issues. These issues will be refined and more added as we draw closer to the session. There will be updates both in the newsletter and grassroots emails.

Fran Martin
Nancy Kupper



Raffle Items Needed For Annual Awards Dinner

It is time once again for the Annual Awards Dinner, and we are planning two Raffle Drawings for this year's event. We will be having a **Traditional Raffle** and a **50/50 Split Raffle**. TNA-3 is in need of items, to be used as prizes, for our Traditional Raffle. If you or someone you know would like to donate an item or gift certificate, please contact Renee James at 817-249-5071 or Suzy Lockwood (s.lockwood@tcu.edu). We will be glad to pick up your donation! The prize for the 50/50 Split Raffle depends on the number of tickets sold. The prize, for this raffle, is equal to 50% of the total earnings from the sale of the raffle tickets. Raffle tickets will go on Sale in April and will be mailed directly to each TNA-3 member.

All proceeds from the raffle ticket sales benefit the TNA-3 Scholarship Fund. Remember, TNA-3's success begins with you!

You do not need to be present at the Annual Awards Dinner to win.

A Leader in Cultural Diversity

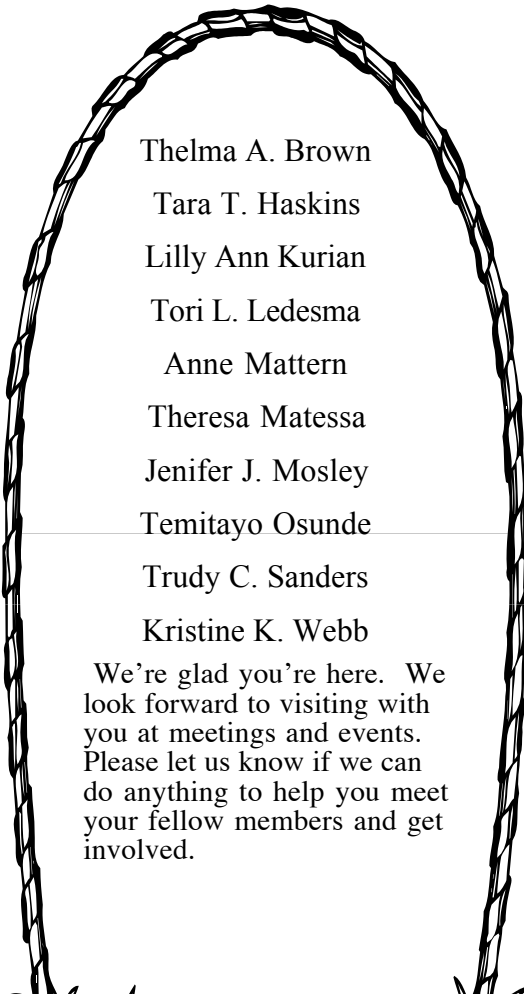
Dr. Mary Lou Bond works to bring cultural diversity to the nursing profession. Dr. Bond is the, Interim Associate Dean for the PhD in Nursing Program at the University of Texas at Arlington School of Nursing, as well as the Director of the Center for Hispanic Studies in Nursing and Health. Dr. Bond has been on the faculty at the UTA School of Nursing since 1989, and she has been involved in numerous programs designed to address cultural diversity and cultural sensitivity at the undergraduate and graduate levels. The Center of Hispanic Studies in Nursing and Health, under the direction of Dr. Bond, has held three international conferences to stimulate collaborative efforts for diversity in the healthcare profession. Dr. Bond recently presented testimony to the Sullivan Commission on Diversity in the HealthCare Workforce in Houston, Texas. This 15 member commission is scheduled to hold hearings in several metropolitan areas. Dr. Bond addressed the shortage of ethnic and racial minorities in the U.S. healthcare workforce. Additionally, she advocated for the recruitment of minority students into these careers. The Sullivan Commission will release a final report on their findings in the Spring of 2004. Dr. Bond's efforts to bring cultural diversity to the healthcare profession will prove to be an asset to the future of nursing.

2004-2005 TNA-3 Election Of Officers / Board of Directors

It is time, once again, to elect new TNA-3 representatives. A ballot and biographical information for each candidate has been included with this newsletter. Please take a moment to look over this information and vote for the candidate(s) that you feel will best serve TNA-3. Ballots must be returned to the TNA-3 office on or before April 5, 2004.

Susie Hood
Nominating Committee, Chair

District Three Welcomes our New Members



Thelma A. Brown
Tara T. Haskins
Lilly Ann Kurian
Tori L. Ledesma
Anne Mattern
Theresa Matessa
Jenifer J. Mosley
Temitayo Osunde
Trudy C. Sanders
Kristine K. Webb

We're glad you're here. We look forward to visiting with you at meetings and events. Please let us know if we can do anything to help you meet your fellow members and get involved.



Legal Liability for Nurses

"So You've Been Reported:" Mock Nursing Peer Review & Board of Nurse Examiners Hearing

When: Thursday, April 22, 2004

Where: E.H. Hereford University
Center, UTA Campus

See Enclosed Flyer or check TNA-3 website
for more details.

TNA-3 is Co-Providing this workshop with The University of Texas at Arlington and the American Association of Legal Nurse Consultants, Fort Worth Chapter

[6.3 Contact Hours](#)



Texas Nurses Association
District Three
2004 Annual Awards Dinner

**Honoring:
2004 Scholarship
Recipients
2004 TNA-3 Award**

**Please join us at the Kelly Alumni Center on
the campus of Texas Christian University as
we celebrate the nurses of District Three.**

Date: Thursday, May 13, 2004

Time: 6:00 PM

Place: TCU Kelly Alumni Center, 2820 Stadium Drive

**Reservations are required by May 10, 2004. Please call the
TNA-3 office at 817-249-5071 for more information.**

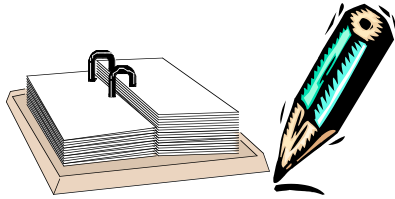
**Please Return this reservation form with your payment to TNA-3, PO Box 16958, Fort Worth,
TX 76162**

**Enclosed is \$ _____ for _____ dinners @ \$25.00 each for the 2004 Annual TNA-3
Awards Dinner. (Please make checks payable to TNA-3)**

Name: _____ Email

Address: _____

Daytime Phone: _____



Mark Your Calendar!

March – No Membership Meeting.....Enjoy your Spring Break

Friday, March 12, 2004—Scholarship Application Deadline

Saturday, March 27, 2004—Join the ALS Association North Texas Chapter for a workshop titled: Directions in ALS; an Education Symposium. For more information and registration, check the ALS website at www.alsanorthtexas.org.

Friday, April 2, 2004—**Gold Tournament for FUN(D) at Twin Lakes Golf Course in Canton, TX.** The Texas Nurses Association North Region is offering a limited number of Hole Sponsorships for its first annual Golf Tournament for FUN(D). Please check the website at www.tna3.org or contact the TNA-3 office at 817-249-5071 for sponsorship and registration information.

Monday, April 5, 2004—TNA-3 Officer / Board of Director Election Ballot--Return Deadline

Thursday, April 15, 2004—6:00pm—Dr. Mary Lou Bond, RN, PhD; Dr. Wendy Barr, RN, PhD; and Suzan Kardong-Edgren, RN, MSN present a panel discussion on *Diversity: Issues and Challenges for the 21st Century*. Viola Pitts/Como JPS Health Network Community Center 4701 Bryant Irvin Rd in Fort Worth 76107. Contact Renee at 817-249-5071 or tna3@mindspring.com for directions. Contact Hours Pending

Friday, April 16, 2004—Deadline for TNA-3 Annual Awards Nominations

Thursday, April 22, 2004—**Legal Liability: Mock Peer Review**—6.3 Contact Hours

Time: 7:30am—Registration

8:30am—Workshop Begins

Location: E.H. Hereford University Center, UTA Campus

Co-Provided with the University of Texas at Arlington and the American Association of Legal Nurse Consultants, Fort Worth Chapter

Saturday, April 24, 2004—**House of Delegates** in Austin

Thursday, May 13, 2004—**TNA-3 Annual Awards Dinner**

Kelly Alumni Center, 2820 Stadium Drive

Cost: \$25.00

Reservations are required by May 10, 2004

THE UNIVERSITY OF TEXAS AT ARLINGTON

Continuing Education Offerings

For More Information: 817-272-2778 or jjenkins@uta.edu

Independent Study

Hepatitis C Home Study

The University of Texas at Arlington

This home study is designed to educate the RN about Hepatitis C, to include pathophysiology, symptoms, diagnosis, and treatment. This meets the Texas Board of Nurse Examiners requirement for continuing nursing education on Hepatitis C. The cost of the course is \$20.

2 Contact Hours

March 4-April 22, 2004

Nursing Communication with Spanish-Speaking Clients

Co-Provided with the Center for Hispanic Studies in Nursing and Health

Designed for those beginning to learn Spanish

Pickard Hall, UTA School of Nursing

21 Contact Hours

for more information - contact Dr. Mary Lou Bond mlbond@uta.edu

March 3-4, 2004

18th Annual Psychiatric Nursing Symposium

Keynote: Shawn Christopher Shea, MD

E.H. Hereford University Center, UTA Campus

May 6-7, 2004

Critical Care Review Course

Co-Provided with the American Association of Critical Care Nurses:

Greater MidCities and Fort Worth Chapters

E.H. Hereford University Center, UTA Campus



Diversity: Issues and Challenges for the 21st Century

A Panel Discussion Presented By:

Dr. Mary Lou Bond, RN, PhD

Dr. Wendy Barr, RN, PhD

Suzan Kardong-Edgren, RN



Date: Thursday, April 15, 2004

Time: 6:00 PM – Sign In & Networking
6:30 PM – CE Program begins

Place: Viola Pitts/Como JPS Health
Network Community Center,
4701 Bryant Irvin Rd,
Fort Worth, TX 76107.

Free Parking available at any place on the parking lot.
Enter though the *south door*, nearest to the lower parking
lot. Please contact TNA-3 office (817-249-5071) or
tna3@mindspring.com for more information or
directions.

**All nurses and nursing students welcome!
Membership is not required.**

Contact Hours Pending: Harris Methodist Fort Worth is approved as a provider of continuing education in nursing by the Texas Nurses Association which is accredited as an approver of the continuing education in nursing by the American Nurses Credentialing Center Commission on Accreditation. This approval meets Type 1 criteria for mandatory continuing education requirements towards relicensure as established by the Board of Nurse Examiners for the State of Texas.

**District Three's Annual Awards
To Be Presented at the Annual Awards Dinner May 13, 2004**

YOU have the opportunity to nominate three of District Three's many outstanding nurses for one of three awards this year.

It is time to nominate nurses from District Three for the 2004 Membership Awards. These awards include **2004 Nurses of the Year, Active Member of TNA-3 (member for 5 years or less), and Rookie Award (member for less than 1 year.)**

Criteria for these awards have been set by the Membership Committee:

2004 Nurse of the Year

- Active Member of District Three for 5 years or more.
- Influenced nursing through clinical practice, teaching, and/or administration.
- Actively participates in continuing education.
- Has made a contribution to the profession of nursing at the local, state or national level within the past three years.
- Has established good relations with co-workers and associates.
- Actively involved in community organizations and activities.

Active Member Award

- Active member of District Three for 5 years or less.
- Member of a committee and actively participates
- Good attendance at monthly meetings and shows strong support of the organization.

Rookie Award

- First year member who has shown involvement in District Three.
- Member of a committee.
- Good attendance at monthly meetings and shows strong support of the organization.

Please use the following 2-page nomination form: (*) apply to New Member and Rookie Awards. All nomination forms must be postmarked NO LATER than Friday, April 16, 2004

Nomination for _____ Award (Choose one of the above)

Nominee: _____ Title: _____

Address: _____ City/Zip: _____

Place of Employment: _____

Home Phone: _____ Work Phone: _____

Political, civic, community involvement

Professional Memberships

Current Position in Nursing

(over)

2003 Nominee's Name: _____

(pg. 2 of 2)

Answer each question for Nurse of the Year – **only (*)** marked questions for the New Member and Rookie Awards.

*

1. ANA/TNA District Organization Activities

2. How has the nominee influenced the quality of nursing care?

3. Describe the nominee's involvement in nursing for the last five years.

4. Give evidence of the nominee's involvement in continuing education during the past three years.

5. Give one specific example of this nominee's practice that shows exceptional achievement.

*

6. Other Comments

You may have letters of support attached or have them mailed directly to the TNA-3 Office for attachment prior to the committee's review.

(Information below will be covered during consideration by the Membership Committee)

Nomination submitted by:

Name: _____

Address: _____ City/Zip: _____

Home Phone: _____ Work Phone: _____

Mail to :

2003

TNA-3 Nurse Awards

TNA District Three

P.O. Box 16958

Fort Worth, TX 76162

Deadline: Postmarked by April 16,